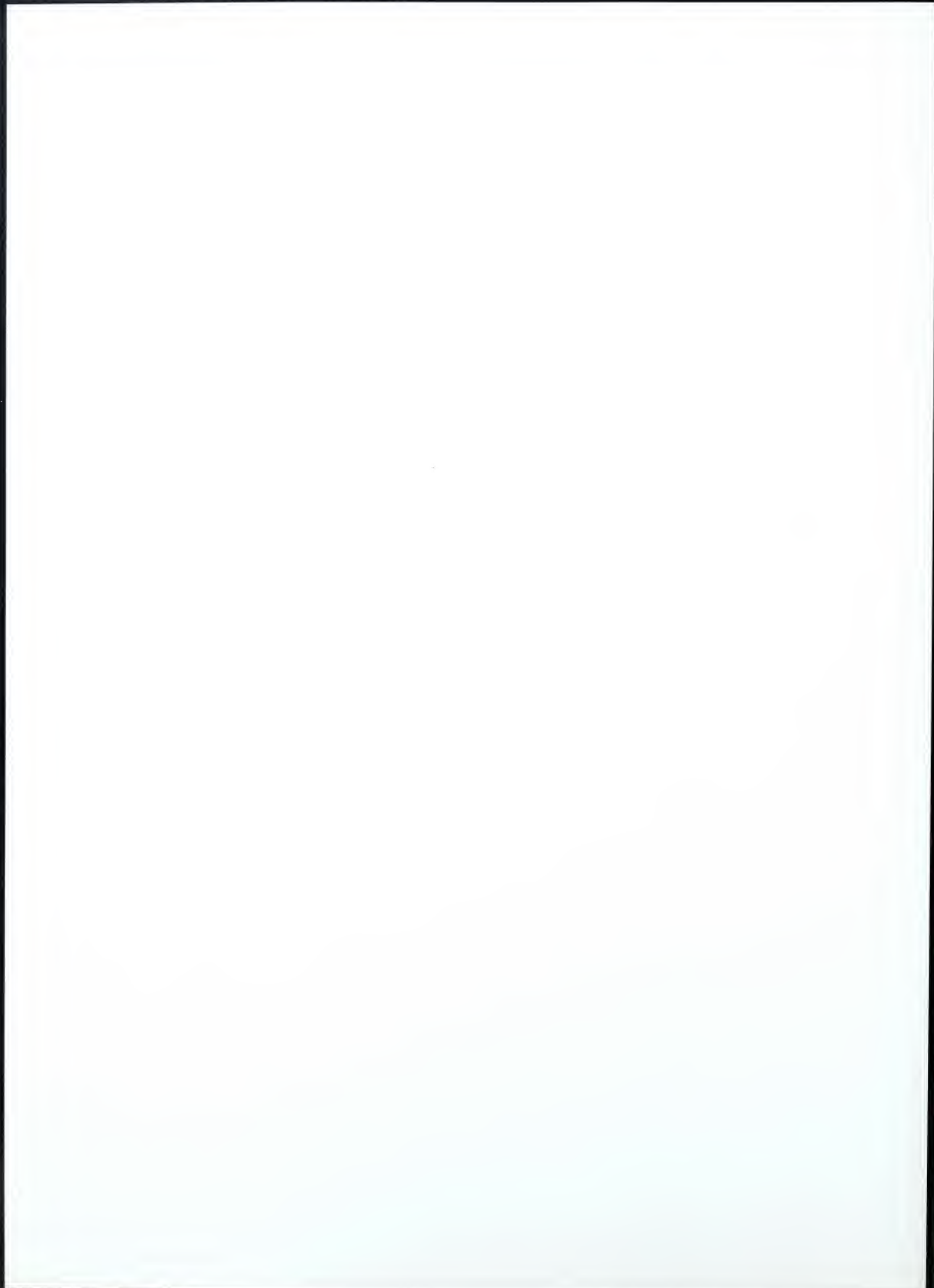


A LIFE LESS
ORDINARY

✿ To thine own self be true. ~ Shakespeare ~ The unexamined life
feel inferior without your consent. ~ Eleanor Roosevelt ~
confidently in the direction of your dreams. Live the life you
things we believe are different than the things we do.
loved. ~ George Sand ~ Life is what happens to you while y
be loved, **LOVE** and be loveable. ~ Benjamin Franklin
enthusiasm. ~ Winston Churchill ~ If you do not tell t
people. ~ Virginia Woolf ~ Better to have loved and lost th
never a good war or a bad peace. ~ Benjamin Franklin ~ W
hope, to love, and to put its trust in life. ~ Joseph Conrad
it. ~ Confucius ~ If you know exactly what you're going to do
on anybody unless it's to help them up. ~ Jesse Jackson ~ You

FREEDOM is not the right to do what we want, but
this to regret... that too often when I loved, I did not say so.
development, invariably excites the sensitive soul to tears. ~
of every virtue. ~ Confucius ~ If we have no peace it is beca
Theresa ~ To be content with what we possess is the greate
with all mankind is our wisest policy, and I wish we m
hottest places in hell are reserved for those who in a moment

life is not worth living. ~ Socrates ~ No one can make you
knowledge speaks, but wisdom listens. ~ Jimi Hendrix ~ Go
e imagined! ~ Thoreau ~ There is no happiness in life if the
'amus ~ There is one happiness in life, to love and be
're busy making other plans. ~ John Lennon ~ If you would
- Success is going from failure to failure without loss of
truth about yourself you cannot tell it about other
to have never loved at all. ~ St. Augustine ~ There was
to the man whose heart has not learned, while young, to
Everything has its Beauty but not everyone sees
what's the good of doing it? ~ Picasso ~ Never look down
must be the change you wish to see in the world. ~ Gandhi ~
what we ought. ~ Abraham Lincoln ~ Looking back I have
David Grayson ~ Beauty of whatever kind, in its supreme
dear Allan Poe ~ Sincerity and Truth are the basis
we have forgotten that we belong to each other. ~ Mother
and most secure of riches. ~ Cicero ~ Peace and friendship
be permitted to pursue it. ~ Thomas Jefferson ~ The
moral crisis seek to maintain their neutrality. ~ Dante ~ 82



A LIFE LESS ORDINARY

Regis University

2004



3333 Regis Boulevard Denver, Colorado 80221



Student Life 14



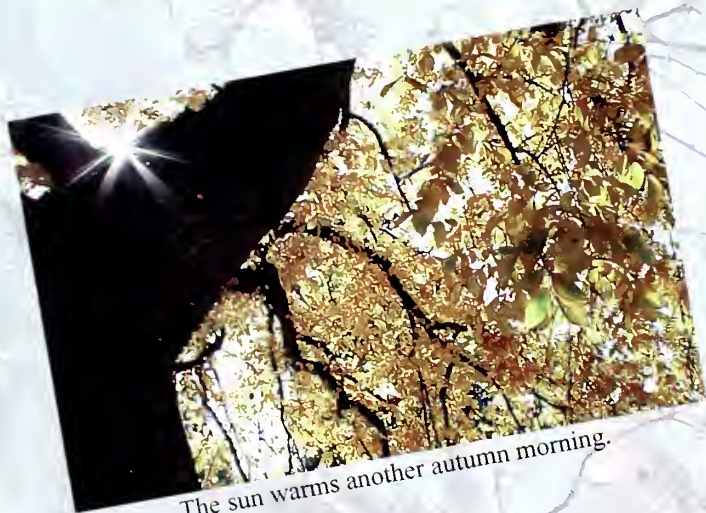
People 54

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The sun warms another autumn morning.

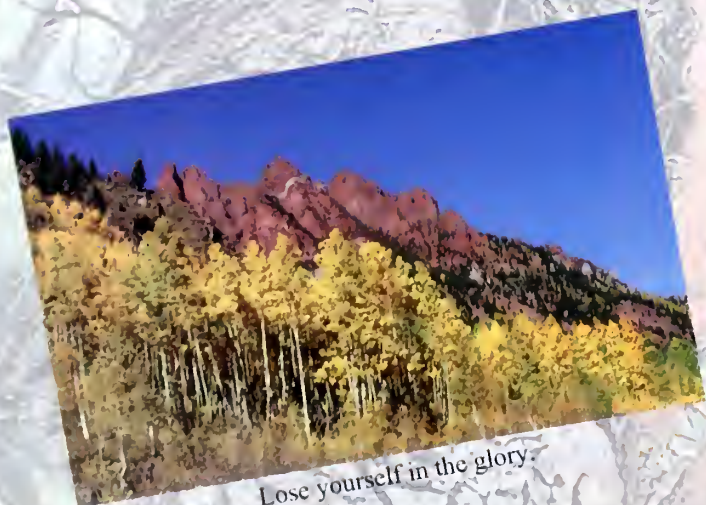


A view from the top, as Regis wakes up to another school year.

Fall in



The Rockies display their purple mountains' majesty.



Lose yourself in the glory.



A true experience of colorful Colorado.



Regis students enjoy the life less ordinary.



An upclose view of the changing seasons.

to Regis



Back to school, with time for reflection...

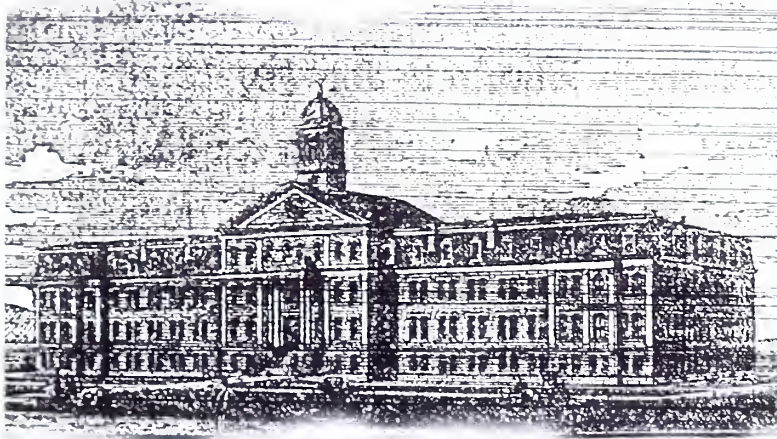


The Asian American Association enjoys a hike in Aspen, CO.



Never underestimate just how crafty those squirrels are...

Regis University: Then



Sketch of the original Main Hall.



Main Hall c. 1949. The building was originally constructed over 100 days in 1887.



Main Hall as seen from the southeast.



Main Hall with its original cupola.



An aerial view of the campus and surrounding areas c. 1945.

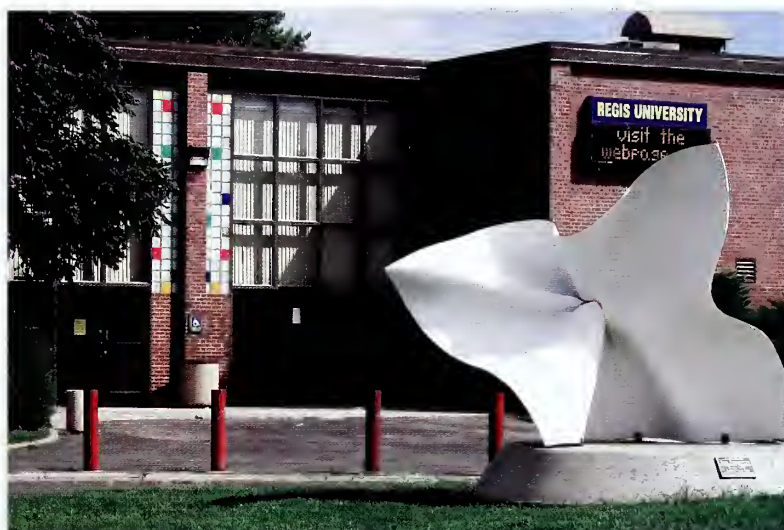
... and Now



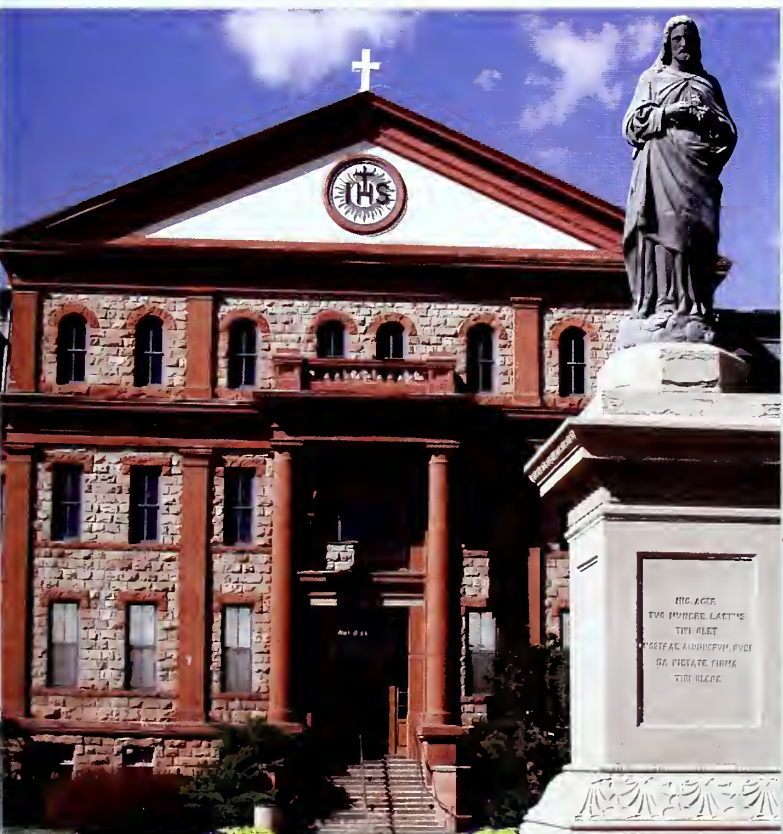
Dayton Memorial Library 2003



Carroll Hall 2003



Affectionately called "the tissue" by Regis Students this statue has guarded the field house for years.



Main Hall and Jesus Christ Statue 2003



...another shot of Main Hall

OUT & ABOUT~

Travis Heggen enjoys lunch beneath a leafy canopy.

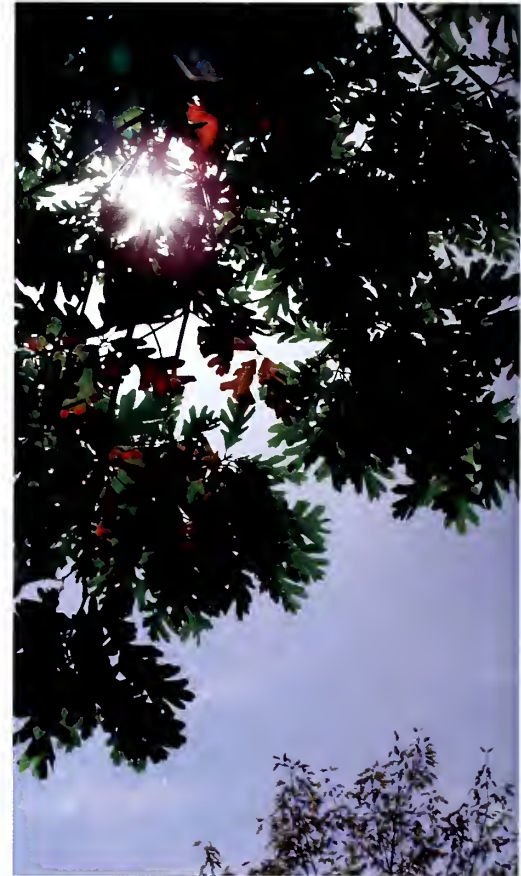


photo by Ed Last



Varsity players get some soccer time in on the Quadrangle.

~QUAD ACTIVITY

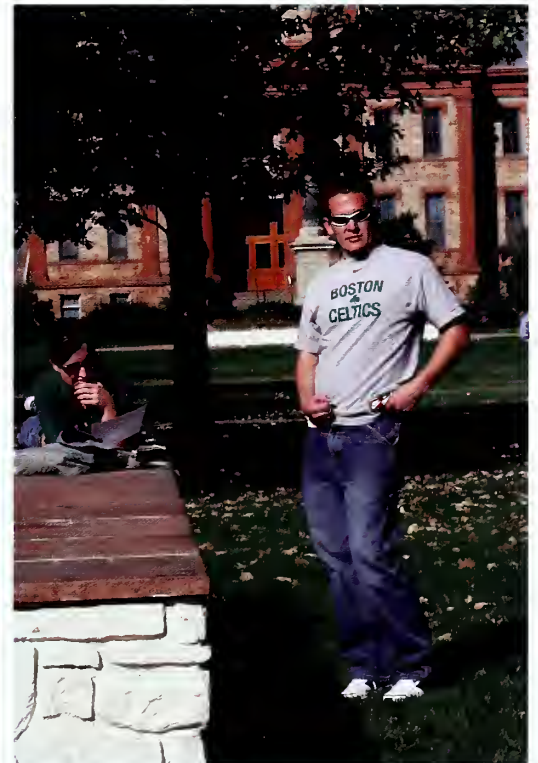
Marco...Marco. Romero and Biller know that two Marks are always better than one.



Whispering words of wisdom, Jesse Hunter serenades Laura Doak in the O'C grotto.



Jimmy Joyce keeps watch over the tranquil, twilight atmosphere of the Coor's Life Direction Center.



Scott Forrester gives the camera a little attitude ...Andrea Silva pretends not to know him.



Ryan O'Neil looks up to see if anyone is paying attention to what he is reading.



Leading the way for all of us here at Regis.

Mass of the

H^{oly}

The annual mass of the Holy Spirit was full of peace, love, life and faith shared by all.



That extra credit we offer sure does increase attendance.

Spirit

Despite the cool temperature that flowed in that day, the Regis community united in the annual tradition.



Regis Welcomes the Holy Spirit.



Everyone participates in a blessing.



Ryan focuses on poise, precision and not tripping.

Hillbilly Olympics 2003

Appalachain Invasion



Salli Schlacks digs into the pie eating contest...



...laughs mockingly at the pathetic competition...



...and revels in her sweet victory.



"Wait a minute...that girl has my face!" a confused Suzi Schlacks realizes, arising from her creme pie.



A masked attacker, enraged in a pie-eating jealousy, prepares to send Jerry Smith to meet his maker.





Complete with kissing cousins, Matt Heller and Abbi Goldberg stop to enjoy the moment.



Cat Hellmen and Theresa Aubinger avoid the hot dog eating contest, but still take advantage of the free food.



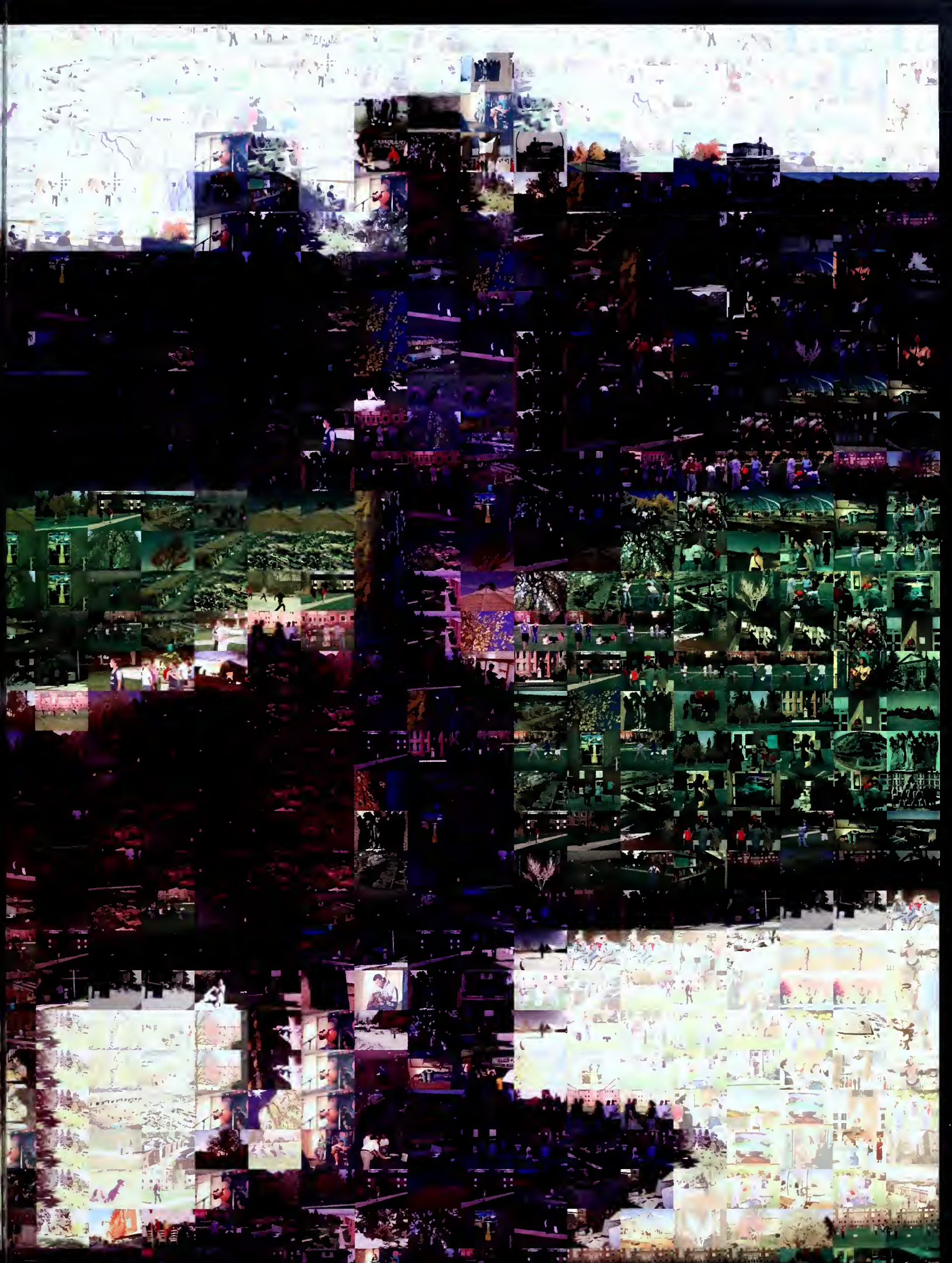
Darkhorse contestant, Elizabeth David, sweeps in to win the hot dog eating contest, showing the big boys how it's done. Jeff Aguirre and Edward Yoon give it their best. Hillbilly Olympic festivities included pie-eating contests, tug-of-war, line dancing lessons, dorm competitions and various other activities.



Moments before barfing... Phuong Banh realizes that 17th hot dog may have been a mistake.

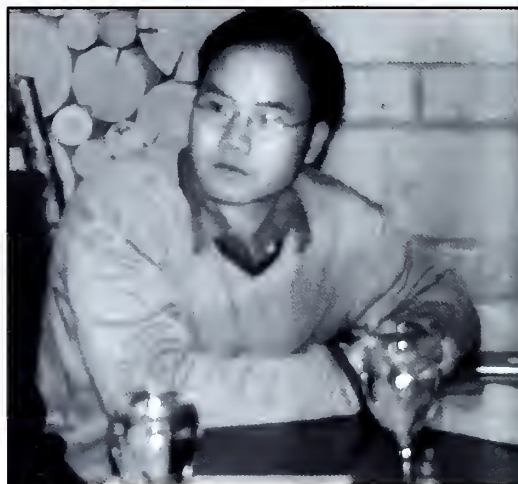
Student Life





Student Government

*Surprisingly more capable
than they appear...*



**Student Body Vice
President: Nhan Pham**
“And *this* man’s my
superior...”

**Student Body President:
Scott Shields.**
“And so, distinguished
members of the Board,
I’d like to conclude with
‘pretty please with a
cherry on top.’”

**Chief Justice:
Mark Biller.**
Always open to
suggestions...
among other
things.

Student Government is a hardworking group which often times goes unnoticed with their behind-the-scenes involvement. It requires extensive dedication of time and energy throughout the year. Student Government sponsors many of Regis’ events, as well as funding heartfelt donations made to charities around Colorado. Their time and dedication given to the school are greatly appreciated.



No Frills, Just Skillz Leadership

Conference was an amazing learning experience for all those who attended. Kevin Sharp, a cancer survivor, was one the event's motivational speakers. He performed one of his touching songs and shared his personal story of his fight with the disease. ▼



Giving some pointers to a confused Mike Schloss, Jeremiah Mitzelfelt slyly suspects he may be the only person at the table who actually knows how to play craps.

Dan Leonard looks on as Ryan Wall realizes his covert sting operation will perhaps not be as lucrative as he had originally planned.

▲ *Casino Night 2003*

Casino Night is an annual event organized by Student Government, and was held during Parents' Weekend in October. Over \$1,000 were raised this year and donated to charity. The evening was fun-filled with gambling, entertainment, and donated prizes.



The *real* reason
I came to Regis...



Snow -- the other white powder.



First introduced in the film "Back to the Future II," the popularity of hoverboards are rising among our students.



John's hoverboard loses power, sending him into a fatal nose dive. RIP John.



Regis students re-enact the Russo-Finnish War. Several Rangers were arrested after throwing a Molotov cocktail into a snowcat.

Not pictured: A murderous Yeti charging after our intrepid skier, who in a few short seconds will tear him limb from limb, gorging on his steaming red man-meat. RIP skier.

Girl One: I like to ski and/or snowboard!

Girl Two: Snowboarding is soo much better, dude!



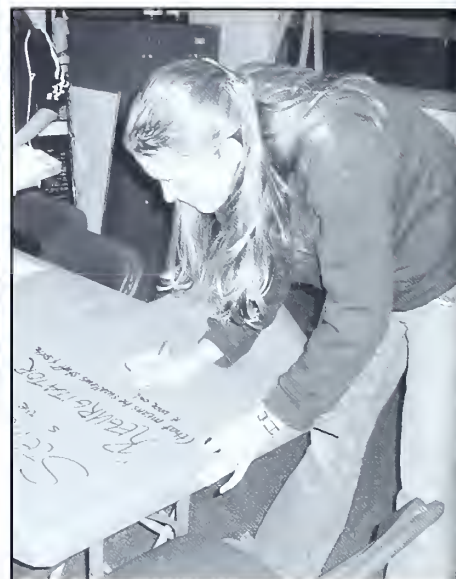
"Voicelessness. The snow has no voice."
~Sylvia Plath



Ski Fever -- catch it!



Programming Activities Council plans and coordinates multiple events throughout the year. Major activities include Thursday Thrills, the formals, and Ranger Week.

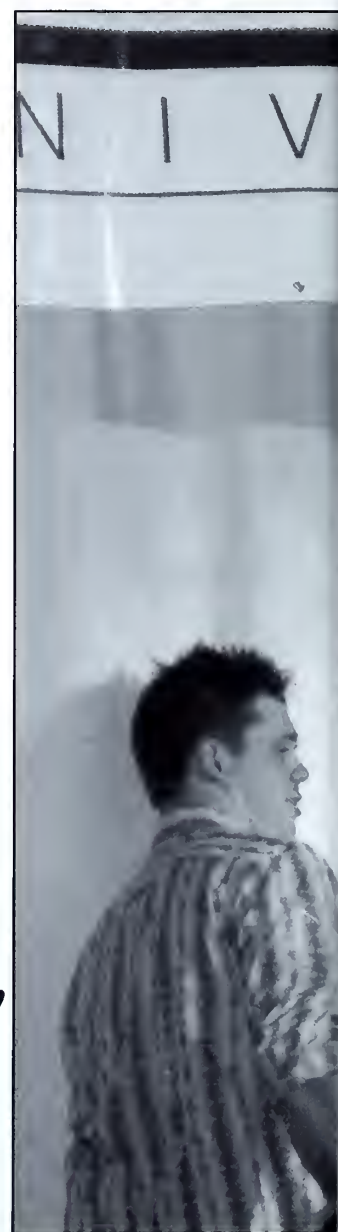


Co-Director, Meaghan Chesrown appeals to the common man with her savvy publicity know-how.



The PAC squad, left to right: Bianca Bueno, Molly Hames, Cat Hellman, Co-Director Meaghan Chesrown, Co-Director Diana Scott, Meg Gavigan and Margaret Matt.

PAC
Programming Activities Council





Jackson's Hole

I gotta friend with a pole in the basement. Just kidding.
...unless yer gonna do it.

Fall Formal

Honey, I made it clear before we came here- the chocolate fountain is my priority tonight.



The Gauntlet

It's all fun and games until people end up with eggs in their pants.

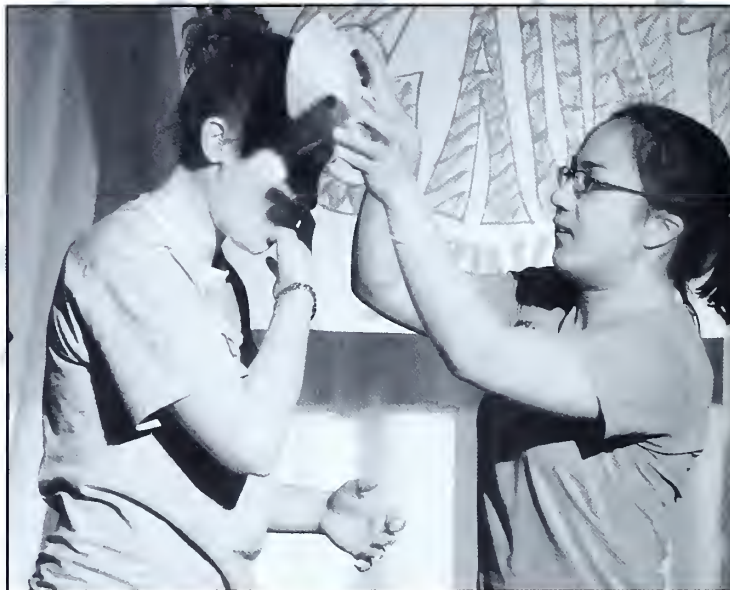
The Regurgitator

Scott "shields" his eyebrows as Stevie Starr regurgitates butane onto a lighter.

Thursday Thrills



This next one's entitled, "Anything you can sing, I can sing better."



I'm sorry Nikki. Maybe if you had worked a little harder, I wouldn't have to do this...



Ohhhh! This crap better be non-comedogenic.



Justin Parnell was very pleased to find that the Civil Courts of Utah were more supportive of his alternative lifestyle.



I'd like to dedicate this song to the numerous men that one day will belong to me.



Stevie Starr might not be the only regurgigator tonight.

Starr corrals Regis' most gullible students of the year.



Now another one of my personal favorites, which I also wrote...

Asian American Association



You are the dancing queen, young and free, only 17!



Our membership sure decreased after we added that last A.



The MAC Daddys are now in session.

Multi-Cultural Awareness Committee



Now you must remember the key to this class: do not hit me. Hit the bag. It is not your friend.



No...as you can see here, I really think your best bet is to floss and THEN brush.



37% of Regis students agree, "Yeah, the White House is cool, but it ain't no Main Hall."



CHOICES

HAC

Health Awareness Committee



HAC members know how many people got the flu this season. Do you?



HAC Officers: Chairman Tom Deem and Director Erin Hart

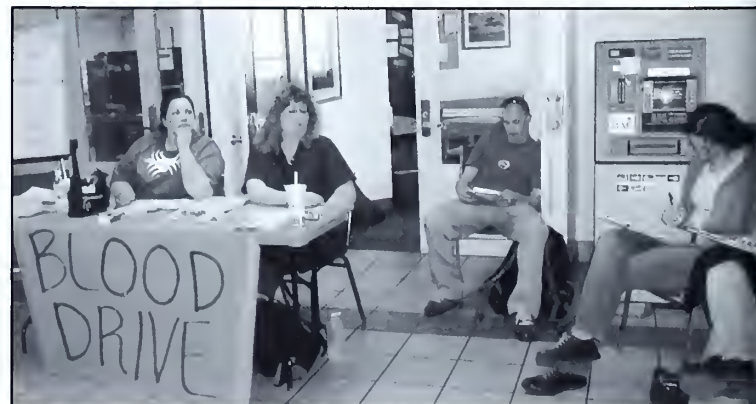


This intravenous valium reeeceally makes a difference.



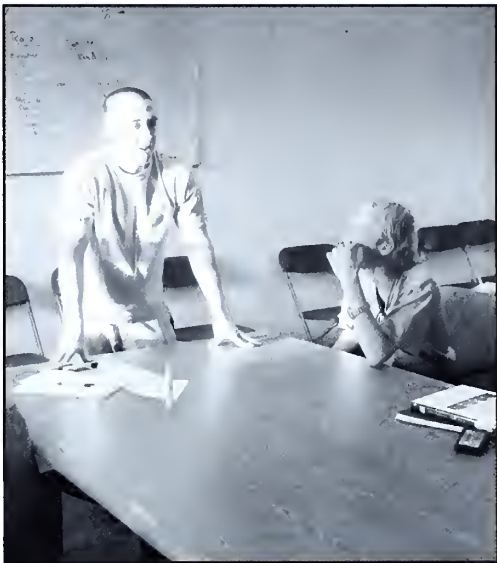
So this is all it takes for a guy to get a little TLC around here.

Students sign their lives away for a little free food...and for a good cause.





This meeting of the SIC, having established a quorum with both of us present, is hereby in session.



SIC members Alex Glueckler, Brach Peters, Andrea Filler, Eddie Bessenbacher, and Brian Fassbinder contemplate the infinite possibilities of student involvement...



We'll sit here as long as it takes. One of you has my red stapler- and I want it back.

SIC

Student Involvement Committee

ROC

Regis Outdoor Club



The members of ROC only slow me down.

What you don't know is that a minute later I pushed her.



A little help...guys? This isn't funny...guys!?



Erica Schneider and Dave Habib climb. Who knew?



Don't let the title fool you. It's actually set in Guatemala.



So much alcohol for such a small table.

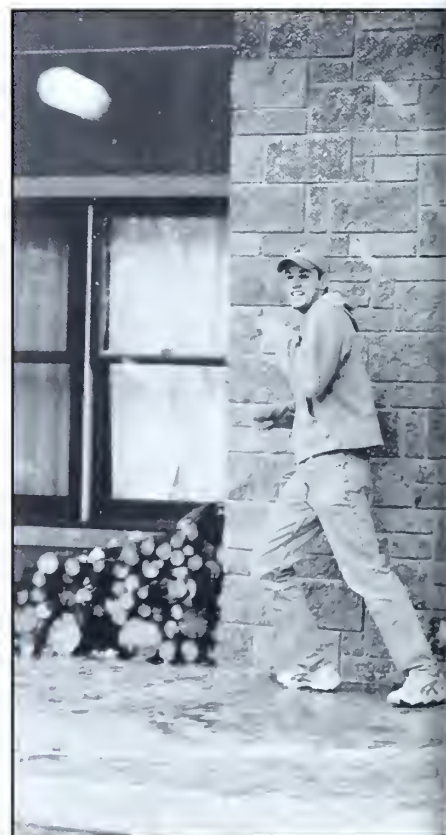
Best of Colorado

LAST CALL

UNIVERSITY *Ministry*



Ken Phillips, Ecumenical and Interfaith Services



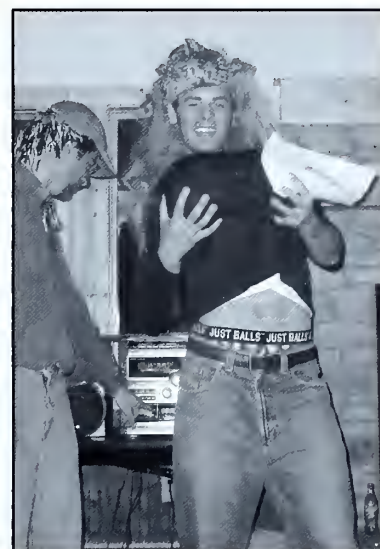
Retreat participants agree.
Most memorable realization of the weekend
Andy Simmons screams like a school girl.

Kairos 2004

Seniors at the Fall Kairos:

Pat Jones gets a face full of honey.

Meg Gavigan, Stacia Buda, Clay Tichota, Ysabel Martinez, Scott Shields, Eriq Abeita, Drew Walker
Second row: Fred Carney, Matt Heller, Scott Forrester



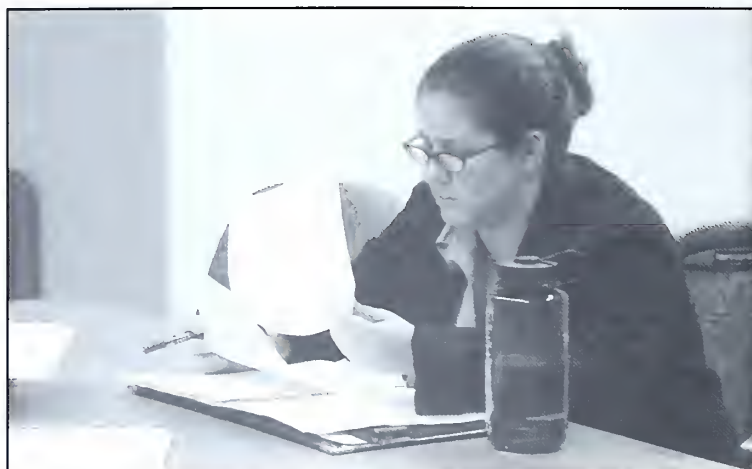
We're on God's time now, baby.



John Girtan, Director of Education and Retreat Programs

J Board

Amanda Harrison reviews a case with unbiased objectivity. Hopefully.



J Board members:

top row: Mark Biller, Jesse Stephens, Amanda Harrison, Katie Royer, Emily Paris
second row: John Shaughnessy and Steve Luchini.



Director Of Finance



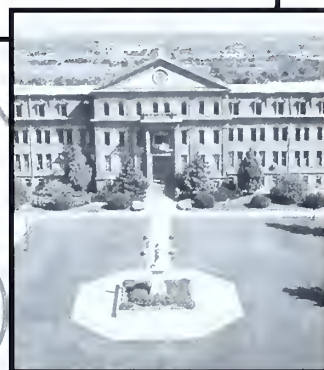
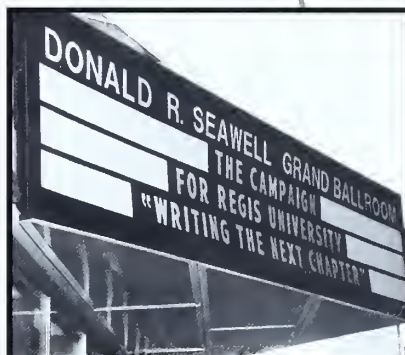
Taylor Anderson- a man of few words. As director of finance, Taylor oversees the budgets of the many clubs and organizations here on campus. But, as we know, the harder you work the hungrier you get. And if there's anything more powerful than his drive for perfection, it's his weakness for snow cones.



Director of Communications



Director of Communication is filled by the talented Katie Veik. As a go-to gal, everything that deals with big events goes through Katie. Veik works with a lot of the behind the scenes and networking for many of Regis' successful events.

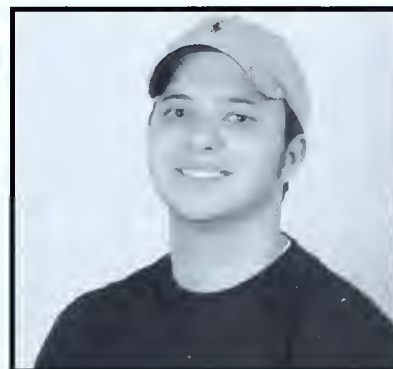


Appropriations Committee

Appropriations committee handles the distribution of club and organization money. If your club needed money, these are your people. Anderson definitely uses his ethical standards to follow protocol.



Way to go the extra mile. As one of the unfortunate few who did not receive enough funds, Geoff Arte resorted to training tigers in his spare time to acquire the extra cash for intramurals this year.



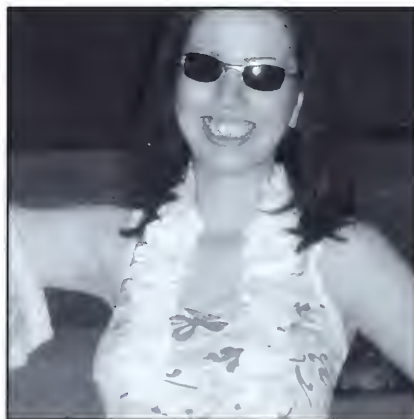
Student Activities



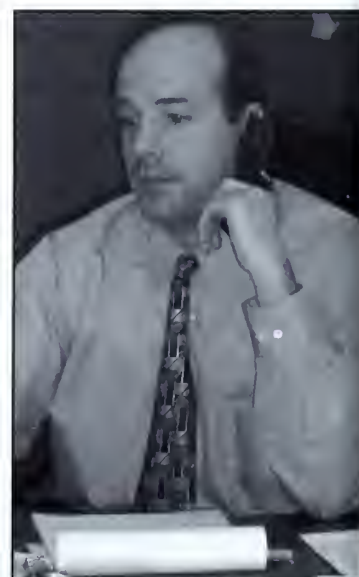
Ahh...the wonderful world of Student Activities! A magical land where happiness and productivity flow throughout the day. Okay, maybe not. But with 22 work-studies altogether, you have a slim chance of ever finding the office empty.



Can anyone do me a favor? I'll give you \$5 to get Chipotle!

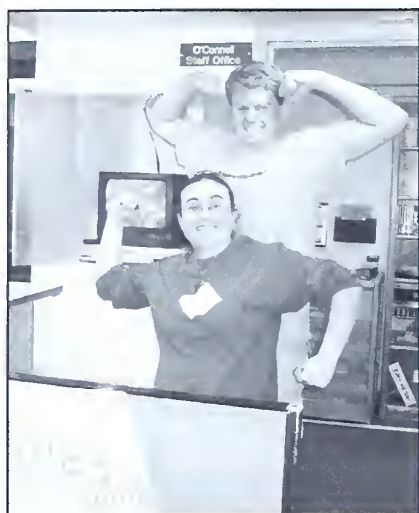


JoAnn shelters her eyes from the craziness seen in the office.

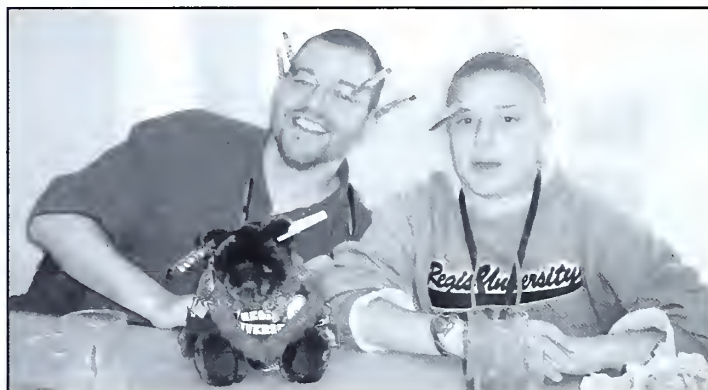


Always there to help. Dave Law not only runs the Student Acts office...but, as his colleagues suspect, the earth and universe as well.





ABOVE: John Kinnon and Brandi Duran compete to be O'Connell's "Mr. Universe" representative. TOP RIGHT: Res. Life's Professional Staff viewing a resident's execution-- such events truly make them happy. RIGHT: Suzi Schlacks and Eric DenBraber practice the ancient banned Chinese art of improper clothes pin use known as "stupid."



Can anyone guess who the mascot of Kristen Jensen's favorite college football team is? No? Weird...



Trail Mix is the fastest and yummiest way to calm the new head of Res. Life, Marie Humphrey.

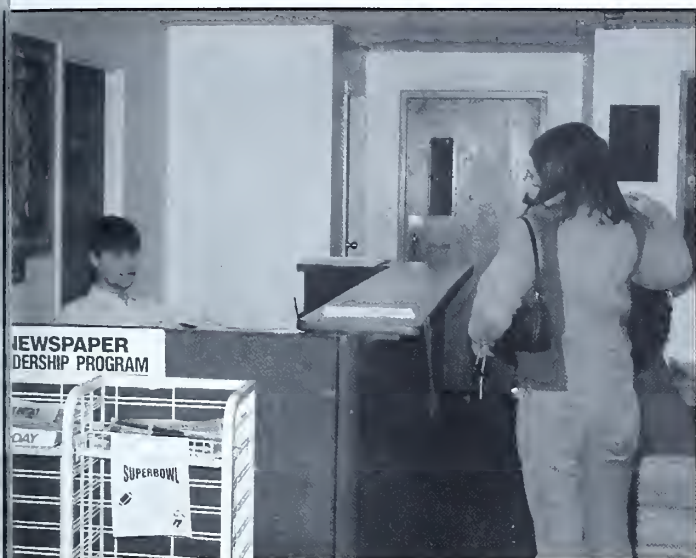


West Hall RA Stephanie Johnson prepares for Regis's annual 'Who is most special?' contest.

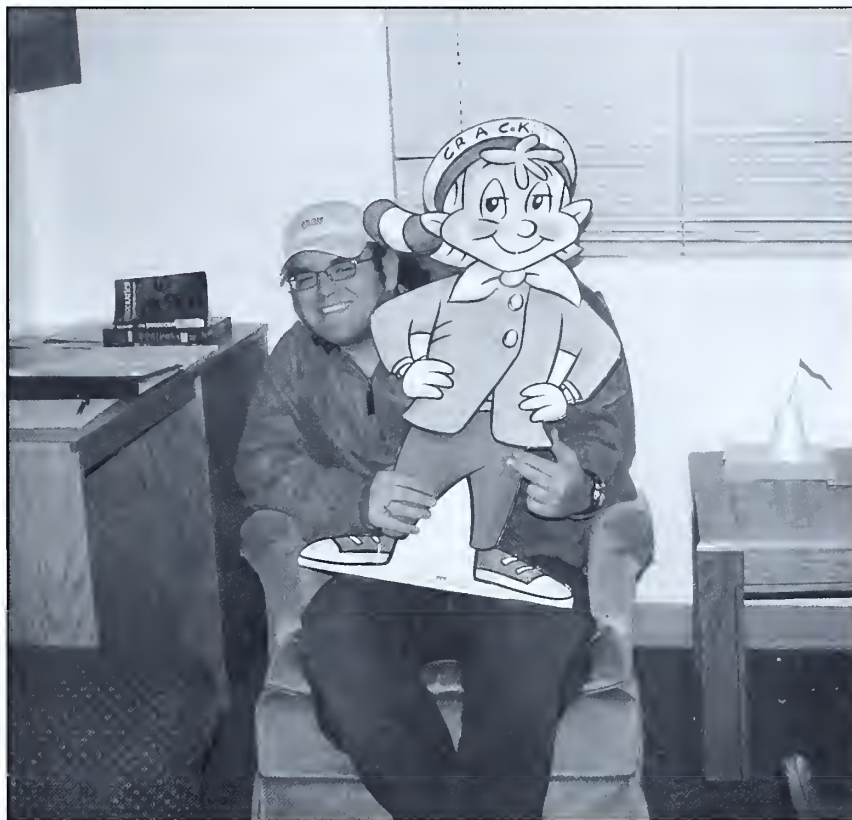
Residence Life

West Hall~

More than dark hallways, cold stairwells and rampant vandalism ...it's home.



Nothing, young lady. I don't care what the other RA's said. The answer is no. Not on my clock.



We met at the roommate fair! How cool is that?!



Boh Bear, this really has to be the last time. Daddy's tired too.



West Hall gone wild. Sweet.

Ambulances, fire alarms,
late night security visits...

OC

...where the real
drama happens



Dierdra, Amy and Jamie enjoy the smoker's table on a warm Colorado day.



If you take the screen off the window, you can almost fit a 30 stone through. Almost.



Jack, Andy and John reppin' the OC sign in between classes.

Grant the RA practices ping pong before the big weekend tourney Brent Jester won.





Turns out each of these DeSmetians has an unbearable roommate. They spend a lot of time in this lounge.



Insignia Alex shows Byron the secret key to breaking the firewall. Shhhh. Don't tell ITS.

DeSmet

Townhomes.

Those swine -- they sit in their townhomes, raking in riches while we toil. But one day we will unite, and the gutters will run red with the blood of the oppressors! [The views of the caption writer do not necessarily reflect those of the university. Ed.]



Little known fact: Darey Ferringher, Kristen Jensen, Gayle Rafferty, Dianne Cooper, Don Francis, Debbie Sulle, and Fr. Kevin Cullen actually built the Townhomes from the ground up -- hence their late completion.



well worth the wait.



Another view of the townhomes.
Damn they're sexy in the sunlight.



Temperate townhouse tenants make merry at a March Madness meetup.

Intramurals

BOWLING



These bosom buddies celebrate a strike.



After picking up a 7-10 split, Bailey moonwalks back to her seat.



Life may be an endless succession of cruel and degrading pranks. There probably is no rhyme or reason for anything. We will most likely die cold and alone. Is there a heaven? Who knows for sure? But we don't care -- we're bowling!



The bowling community is accepting of all lifestyles and/or perversions.

QB: All right, we're going with the shotgun formation until our center takes a shower.



QB: [to himself] I know I have three open receivers, but I think I'll just hang onto the ball and make her grab my flag.



QB: You know, Pete -- sometimes I wonder if life's really worthwhile, but when I gaze into our runningback's soft blue eyes... I know it is.

FLAG FOOTBALL

Dance Team



I wish they would let us know before they wax the floor.



No longer able to resist the sheer overwhelming power of their own foxiness, the members of the dance team spontaneously fondle their own buttocks.



Most observers blame Yoko for splitting up the group.



Ice hockey is Canada's most popular sporting innovation. However, did you know that lacrosse is Canada's official national sport? Furthermore, did you know that American football is cooler than both of them combined? God bless America!

We have evidence that the hockey team's goalie is producing weapons of mass destruction. Rest assured, he will not stand.

"Well, my first love is field hockey, but I play ice hockey in the off-season. My only beef with ice hockey is that they don't let me wear a skirt."



I once loved a girl named Jamie. It was, alas, a one-sided affair. You see, she went out with a hockey player. I don't know how many nights I cried myself to sleep over that girl. Anyhow, we both graduated and over the years she faded from my thoughts. It's weird, though -- just a few days ago I ran into a mutual acquaintance who told me that Jamie is now married to that hockey player. No one will ever know how much I envy you, hockey player. She walked off with you, and I am left with nothing -- nothing but ice.

Ice Hockey

Campus Romance



Eric Tormoehlen's expectations fell a little short after discovering that Alicia Coughlin's offer to "fix him nice dinner this time" meant tuna melts in the Grille. Damn those females and their doublespeak.



Peter Ferrell and Heather Jones enjoy a romantic Hawaiian sunset.



Adam Roberts and Meagan Chesrown pose beneath the mistletoe at the Winter Formal.



Timeless romance: Jay Stooksberry and Carrie Boyd share more in common than their affinity for vintage bikes.



A famed recluse, the ghost of fourth floor Main makes a surprise appearance.



Right: St. Ignatius Loyola, patron saint of photographers falling into the shrubs trying to get this photo.

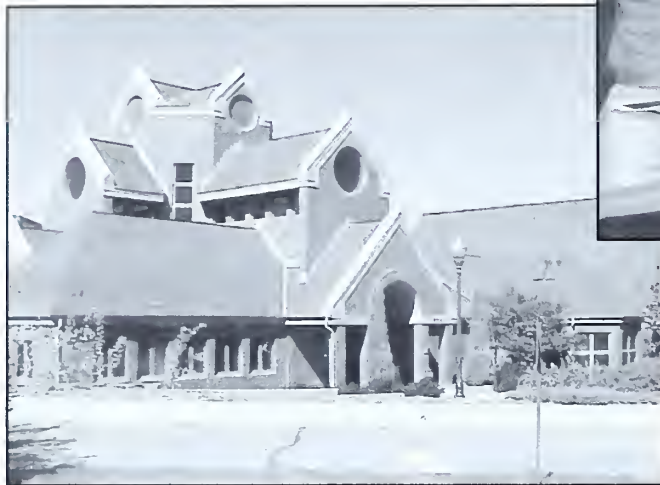


orse whisperers...? Test Yourself!
 core 1 point: if you know where this statue is.
 points: if you remember a time before it was there.
 points: if you have any idea who the heck this statue is of...

Around campus

~musings and myths~

Fitness Center



The Coors Life Directions Center, home to the Fitness Center (and, more familiar to most yearbook staffers, psychological counseling services).



These hard working Fitness Center staffers occupy the hours cleaning equipment, returning IDs...and spotting attractive women.

After the traitor was removed from the rack, the wretched cur was drawn and quartered. Let this be a lesson to all -- treason will not be tolerated!



Pretty girls like to hang out at the gym and make you feel self-conscious while you try to work your scrawny self into something they might possibly desire. [cue inconsolable sobbing].



Dan practices for his role as Rocky in "The Rocky Horror Picture Show."

Cafeteria



Mary Stegeman, for 22 years, has been Regis students' mom away from home. Here she makes sure that another hungry student gets a well-balanced breakfast.

Do
these
people
have
any
idea
what
things
cost
EVERYWHERE
else
in the
world!?!

~Jerry Seinfeld



Ania Martial seems chipper for having just bought \$300 worth of M&Ms. Another innocent freshman falls victim to the Sodexo meal plan scam.

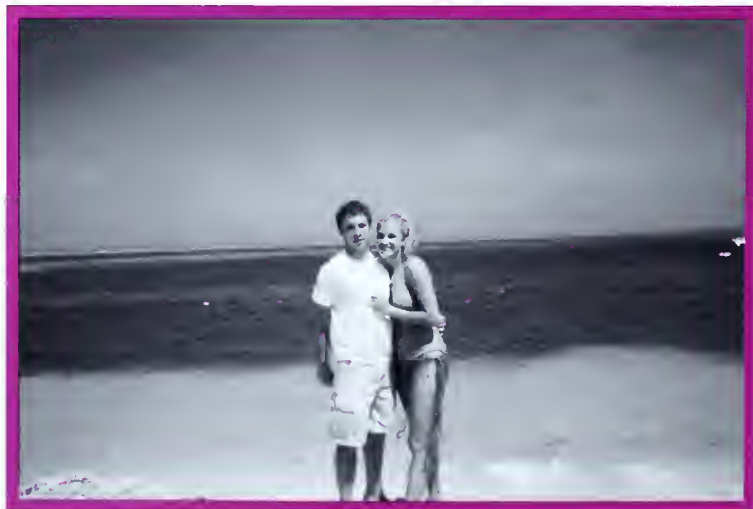


I hope these aren't jumbo shrimp, because I'm allergic to oxymorons.

SPRING BREAK



Maureen Bisio, Angie Luetters, Amy Baisley and Erica Abeita get a big bear hug in Las Vegas.



Freshman Ellen Fellows shared a romantic vacation with her boyfriend on the sandy beaches of Cancun.

Kauai trip was an adventure. ROC, lead by Dave Habib, traveled the whole island -literally. They hiked the Napali Coast, they also "talibaned it" cave. Adventures included being awakened by an angry Hawaiian; there were centipedes, spiders, cats, a bad boat trip and irritating roosters. Overall, it was an experience that will always be remembered.



Having some fun in the sun, and the sand!

ord of the Trip: "Reconnoiter"- To meet up
er as a group. ~ John Shaungnessy

HAWAII

Jared is being carried by his teammates because he's tired and they're friendly. And only because he's tired and they're friendly.



I wasn't drinking alcohol! I was at a pornography store! I was buying pornography!



Party Scene

21st Birthdays



We are almost certain that Faith is the only one who consumed alcohol on her 21st birthday.



No more girls who will never, ever ever, go with me.



Dunces gone wild





People



How can we express our genuine feelings about a class of friends who have created a home away from home for the last four years? The people we have grown to love in the Regis community have too many amiable characteristics to list. It was only a year ago when we, as a class, wished to complete the school year so we may experience the world for ourselves. But lately, our wish has changed: to slow the flow of time. All we ask for is to have a few more memories before the end of the year. In a matter of weeks, the opportunity to see our friends on a daily basis will end *forever*. However, we will never be able to forget them. We will be hearing their names on the radio, seeing their familiar faces on television, and reading about our friends in newspapers. We will be seeing them commended for their achievements in service and leadership. The memories and friendships will last a lifetime. The acquired knowledge that Regis has given us will guide us along the road less traveled. The one lesson that we will carry with us throughout life is that no one but ourselves can stop us from achieving the goals we desire. We want to express the gratitude and admiration towards our peers and mentors who have helped us develop into strong, independent adults. We thank you.

All the best for the class of 2004.

~Dave Habib



Erica Abeita

Rachel Anderson

Taylor Anderson

Laura Applegath



Theresa Aubinger

Amy Baisley

Kathryn Baumgartner

Mark Biller



Maureen Bisio

Bri Blue

Carrie Boyd

Aundra Browning-Dial

SENIORS





Christy Bruckner

Stacia Buda

Kiersten Bushnell

Fred Carney



Joseph Cessar

Lindsey Chabot-Olson

Chun-Yen Chen

Heidi Chrissinger



Craig Cone

Nereida Corral

Elizabeth Crowell

Alexandria Csicsely



Dane Danburry

Natalie Darby

Theresa DeCianne

Nate Driscoll



Scott Forrester

Josh Garcia

Meg Gavigan

Bailey Green



Patrick Gronstol

Caryn Grow

Matt Guerin

Dave Habib



Amy Harrell



Susan Hart



Toph Hartman



Jennifer Hayashi



Travis Heggen



Matt Heller



Cat Hellman



Rita Higgins



Rhianna Horan



Maureen Jackson



Brandon Jones



Carmella Kelley



Chris Kraser

Kris Kumangai

Heidi Kurtz

Hong Le



Hong LeeMing

Matt Long

Steven Luchini

Angie Luetters



Jake Lynch

Erin Manion

Ysabel Martinez

Jonathan Mayles



Matt McCarthy



Erin McClanahan



Christian Milek



Trisha Molholm



Tia Moorer



Sarah Morgan



Cathryn Mudon



Joel Naumovich



Katie Newland



Andy Newton



Melissa Oliver



Kathryn Oliver



Joe Osdieck

Erin Ovitz

Dominique Peltier

Brock Peters



Nhan Pham

Nadia Regis

Scott Richards

Chris Riley



Amber Rockwell

Schyler Rohr

Jen Roller

Marc Romero



Katie Royer



Erika Schneider



Donald Schoeninger



John Shaughnessy



Scott Shields



John Slaten



Jay Stooksberry



Padraic Swanton



Clay Tichota



Irish Turnage



Leah Underdown



Mike VonFeldt



Drew Walker

Teri Walker

Chris Wall

John Wise



Becky Wolff

Rachel Wonner

Josh Wood

Crystal Wright



Jeff Zitnak



Katie Beaber

Eddie Bessenbacher

Robert Bigot

Ashley Blain-Hartug

Michael Brassell

Kent Brown



Tim Brungardt

Jayci Bryan

Andrew Burt

Eli Carey

Mimi Carrillo

Meagan Chesrow



Alicia Coughlin

Thomas Deem

Kassi DeRaad

Ryan Doyle

Conor Drummond

Veronica Dubey



Nicholas Erker

Albert Finn

A.J. Forte

Laura Fritz

Matt Gabriel

Justin Gorrie

JUNIORS



Sarah Gunsten

Molly Hames

Katie Hopkins

Stephanie Johnson

Tonia Johnson



Dan Keenan

John Kinnon

Michelle Kraus

Kiley Kroh

Nikki Lawson

Tim Brungardt and Niles Hernandez lend a helping hand at the No Frills, Just Skills leadership Conference.



Food for thought. Brandi Duran and Ben Gamboa enjoy a scrumptious Sodexo lunch.



Ching-Chang Lin



Sam Lindell



Ryan Martin



Kyle Martinez



Margaret Matt



Meghan McGrath



JoAnn Melendez



Gerald Mewissen



Kate Murphy



Jaime Papa



Kane Peschl



Eva Pfaff



Sharita Richmond



Conor Ryan



Claire Rymer



Sally and Suzi Schlacks



Brady Sheahan



Mike Simpson



Melissa Skotak



Ryan Smith



Javier Soriano



John Sullivan



Eric Tews



Eric Tormoehlen



Katie Veik

Misio Wynar

Luka Znidarcic



Aren't I cute? Eddie Bessenbacher poses in the grille.



Don't look now...but the one on the right.

Sophomores



Don't you walk away from me when I'm talking to you, young lady.

Peter Archer
Lauren Baigent



Pat Barry
Ashleigh Bove



Tanya Calvert
Heidi Camp



Alli Campe
Mia Casabona



Mike Daly
Odia Eigbrie-Molen



Rene Ervin
Brian Fassbinder





Zack Gehlhaus
Alex Glueckler
Abbie Goldberg
Justin Goldman
Trish Harper



Carolyn Herlihy
Allison Hingtgen
Dana Hobbs
Will Hori
Kelly Houlihan



Brittnay Jessop
Andrea Johnson
Jeremiah Keelan
Emily Kohls
Kathy Korsmo



Why do you have to bring my mother into this?



Andrea Silva, Shauna Maloney, and Ginny Bayes put their back into it.



Smiling Sophomores Abbi Goldberg and Brittany Jessop.



Sophomores Odia Eigbire-Molen and Edward Yoon hit the books.



Katie Kramer

Brittney Mathews

Corinne Mayock



Alana McCoy

Kara Mizokami

Sara Nelson



Quan Nguyen

Amelia Noyes

Ryan O'Neill



Monique Orthober

Whitney Pappas

Adam Roberts



Adam Stout, Guillermo Mazier, Steven Brentin, and Laura Bisio enjoy some music in the quad.



Matt Schneider

Diana Scott

Andrea Silva

Jerry Smith

Emily Stokes



Shelley Thompson

Lilia Utu

Lindsay Vitale

Adam White

Trevor Wood



Risschie Aran



Trout Arman



Dan Armstrong



Galena Armstrong



Emily Augsburg



Brandon Ballantyn



Courtney Benner



Shelia Bernard



James Brueggeman



Krissy Calvey



Robert Cannon



John Cella



Kevin Chu



Chall Coleman



Carrie Anna Cordova



Jolene Corey



Amy Crewell



Brieana Dallas



Elizabeth David



Mitch Davis



Ha Ding



Katie Doherty



Ryan Donofrio



Rachel Edwards

& FRESHMEN &



Megan Ernst



Danielle Ferares



Stephanie Fernandez



Jarell Fleming



Sheelah Franck



Kelly Franklin



Bonnie Fruland



Page Galyean



Allie Gasruck



Anthony Giordano



Kelley Goldberger



Nicole Gomez

Blaring music and greasy food ring out one word: freedom. From first day fear, the largest freshmen class in the history of Regis University swarms the campus, chattering like the numerous squirrels that litter the swamp-like grasslands of the courtyard. "You only live once," she yelled over the gongs of the library clock, shoving a roll of dried, five hour old sushi into her mouth. If the homework load doesn't kill the student population, let the food or the contagious viruses take a whack at it! It is truly the survival of the fittest, or the most tolerant. Attempts to involve freshmen into the Regis community include watching a man regurgitate items and examining the behavior of upperclassmen gradually becoming intoxicated on Halloween. While later in the year, the nightclub, Jackson's Hole, features the theme of: "We'll give you free food, but no free drinks!" The fire alarm is the current wake-up call for O'Connell residents while insomnia haunts the students of DeSmet because of the lack of fresh, cold air. It is a year of unforgettable memories which one will be able to look back upon with a roll of the eyes. It is a year of Regis University. It is a year of the real world.



Maria Foy, Kelly Konash, Joanna Sisti, Ellen Bisceglia, Elizabeth Hernandez, Kristen Lesar, and Jenn Grecco picnic on the quad.



Mr. Robto. Phil Sparer gets his groove on at Jackson's Hole.



Matt Gorham



Tyler Goswick



Darrell Hammond



Megan Hampton



Parker Heikes



Nicole Henry



Caroline Herter



Lisa Hinely



Libby Hook



Jesse Hunter



Maria Ismert



Dan James



Michelle Johnston



Sean Keane



Kevin Kerr



Kellen Knudson



Sebastian Koprowski



John Krivanek



Katy Law



Kristin Lesar



Steven Linenberger



Mary Luttrupp



Brian Magenis



Catherine Maleti



'Twas the night before finals...
Helen Tekle, Steven Linenberger,
and Mariah Piper wait for Santa.



Annia Martial

Dan McKinley

Breanne McTighe

Adelle Montebianco

Mark Moser



Karen Mummert

Mitch Nelson

Jennifer Nordsiek

Mathias Olson

Garrett Otondo

Chris Peloquin
 Mariah Piper
 Gill Plummer
 Stephanie Poling
 Alexandra Press



Danielle Price
 Kristen Prybella
 Tony Rudy
 Sabrina Salgado
 Lauren Sands



Anna Schafer
 John Scheid
 Pat Scherbinske
 Emily Schmitt
 Chris Schornack



Tony Ruth, Chris Sehnornack, Matt Gorham,
 and Paul Lehner smile after finishing yet
 another Regis meal.



Scott Schubert
John Skowronski
Audra Smith



Kelly Stevenson
Vince Stewart
Rachael Swofford



Julianne Taylor
Helen Tekle
Jenny Thornton
Neil Valorz
Tom Watson



Megan Weber
Lawrence Wegrzyn
Chrissy Yetter
Matthew Zavala

Freshmen enjoy the sun in the quad.



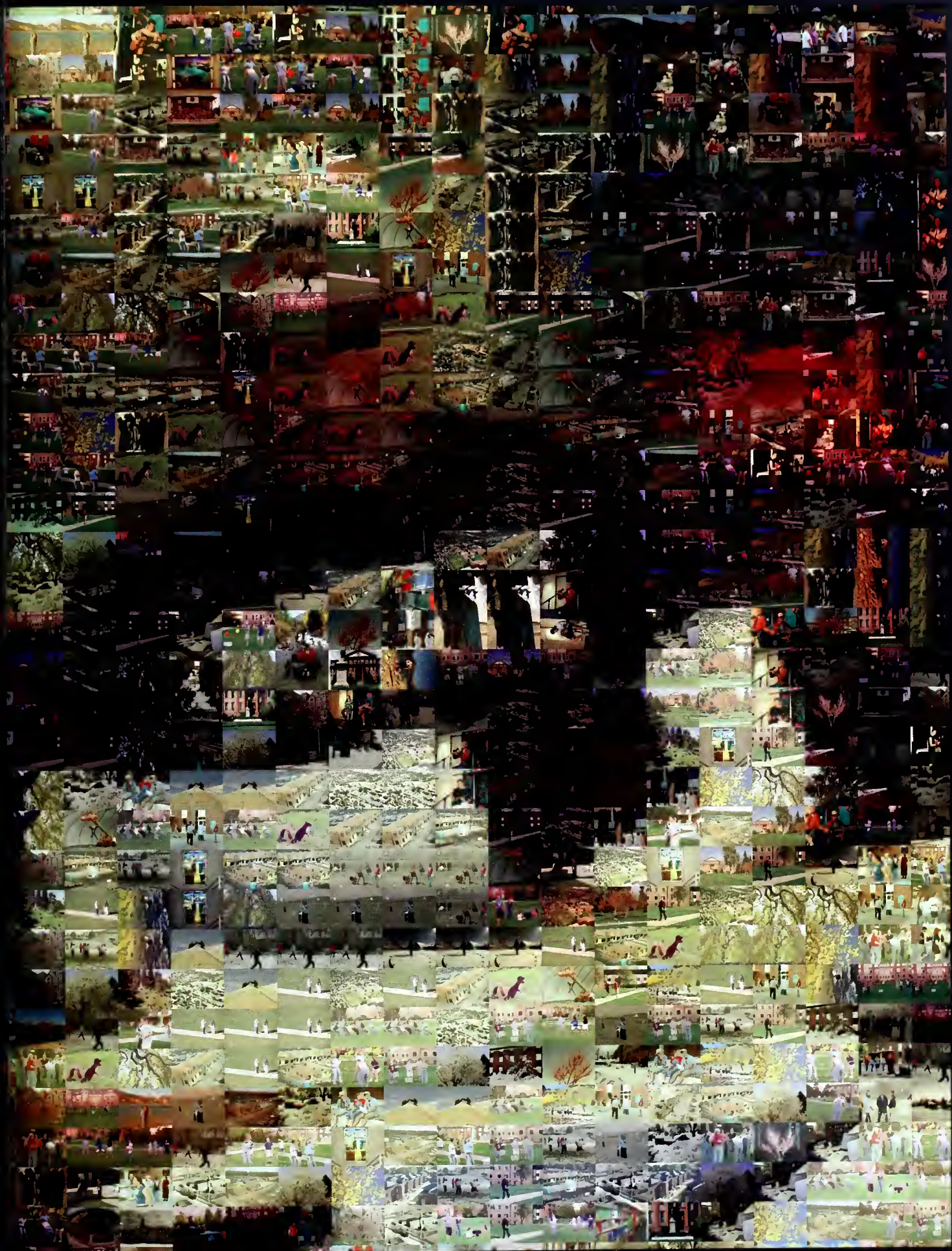


TAKE TWO



Academics





photos by Cathryn Mudon

Poker Night



Danny Gallagher deals for another lightening round of Texas Holdem.



Look pal, this is the last time I'm telling you; a straight still doesn't beat quads.



When Frank Haug began the evening, the world was his oyster. He leaves a broken man.





so many ladies, so little time.
 Parita Richmond, Kate McGuire, Robin Donaldson, Alana
 McCoy and Alli Campe attack Scott Forrester Roxbury style.



Misio and Mage (say that five times fast) take a dance
 break.



And
 now for
 something
 entirely
 different...

Spring Formal

If you *wait* until the **last** minute...



Drew Walker, Irish Turnage, and Justin Goldman at least pretend to study.



Jonathen Inaba and Justin Gorrie utilize their lunch hour for some last minute cramming.



Theresa Facs and Carol Taylor-Burds conduct a very difficult experiment in the Neuroscience laboratory.

...it only takes a **minute.**



Gerald Mewissen and Golbue Baghai get a heads up on courses for next semester.

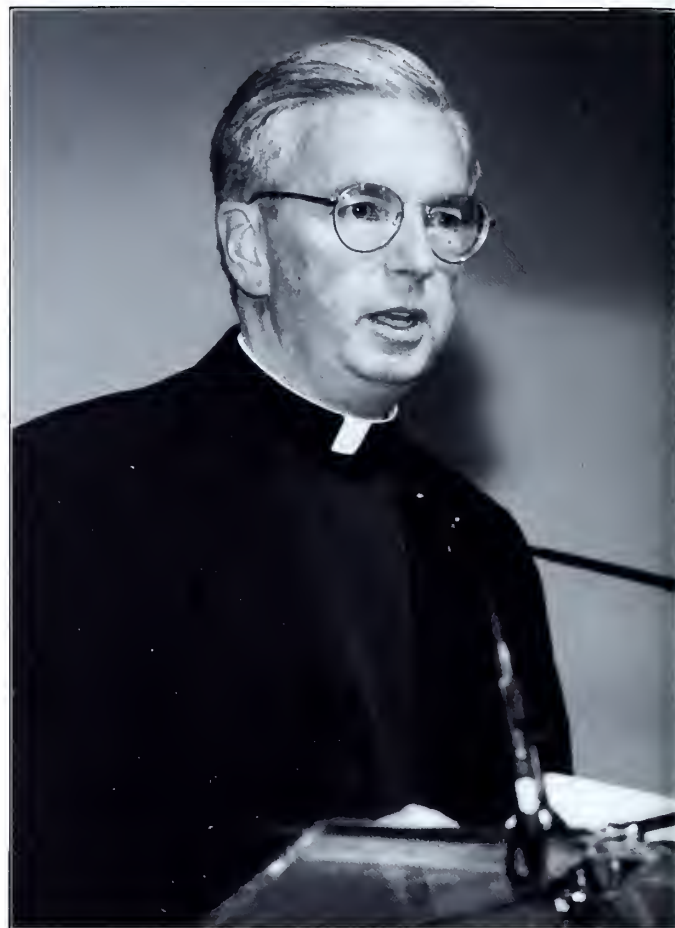


thany Busse takes time to study and enjoy the warm spring weather.



Looking ahead~

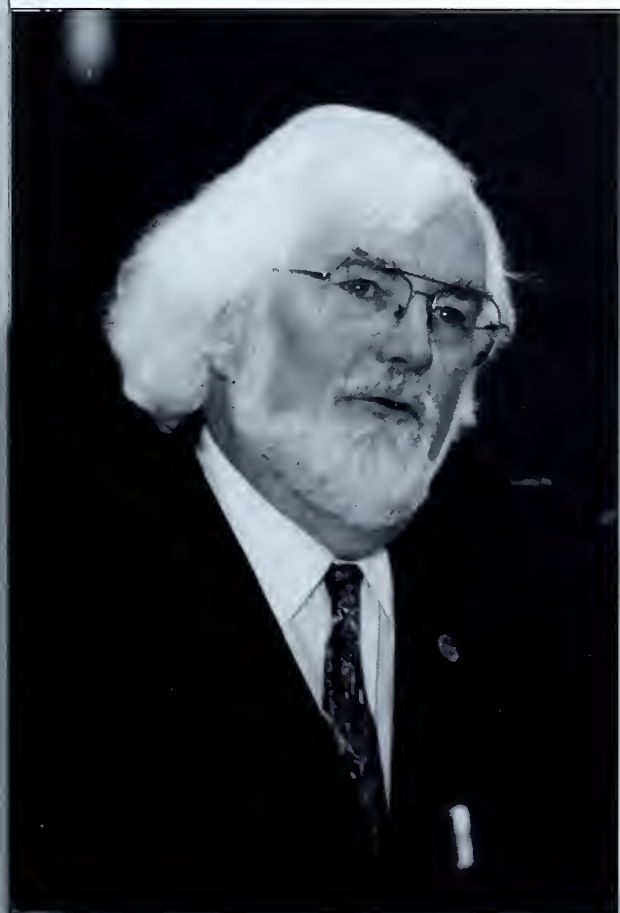
Look forward to the future of Regis! Bid farewell to loyal K-mart, which, for so long, students in need have relied upon. Its rough husk will be reaped, but its spirit will be sown into our lush campus. Welcome back the third and fourth floors of Main Hall, currently undergoing renovation, when they will awaken from their long, tranquil hibernation. Saving the best for last, we will embrace a new chapel into the noble mosaic of Regis' legacy.



Michael Sheeran, S.J.



...and that's how I found myself in the Red Light district of Tokyo.



Allan Servis.



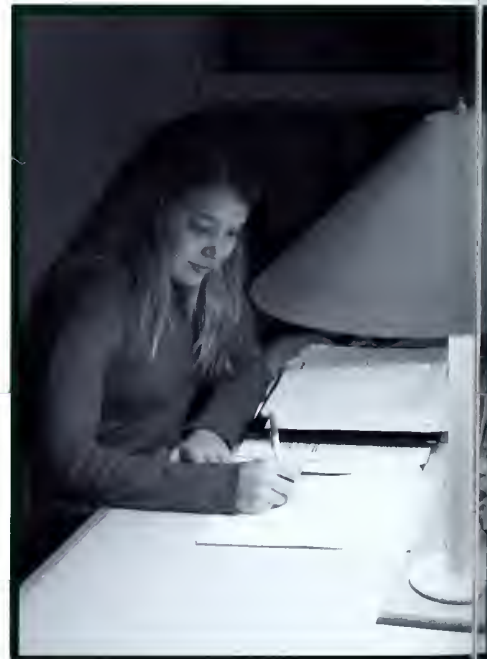
Finals week Dec. '03 ...the readiness is all.



Studying so diligently, Jon Mayles and Travis Heggen lost track of time.



Guys, seriously, you either get it or you don't.



Is it wrong that falsifying data feels so good?



Sir, again, I'm going to have to ask you to respect the divider.



Under effects of
pressure, caffeine, fear, and fall,
we take our finals.

Sixteen weeks purged in
to one; sleepless, stumbling our
reality blurs.



It is the *supreme* art of the teacher to awaken *JOY* in *creative* expression and **knowledge**. ~EINSTEIN

Who has inspired you...?



"Dr. Alice Reich because when you have class with her, it isn't simply learning the material. She inspires you, opens your eyes to the world's possibilities, and it's, it's just really nice." ~Cat Hellman



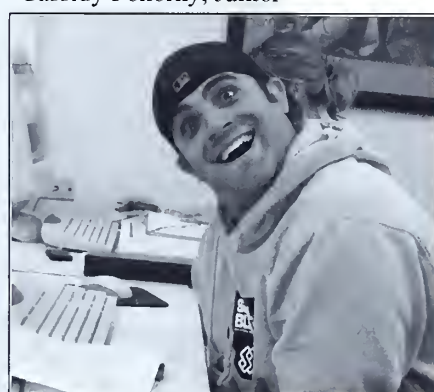
"Vivian George, an artist herself, gave the inspiration I needed to continue my education in art. She was very helpful and open to any ideas."
~Cassidy Pokorny, Junior



"Dr. Schmidt opened my eyes to the incredible world of international politics that I never knew existed. His classes went far beyond informative. Regis is truly fortunate to have a professor with such knowledge of his subject area." ~Andrew Cole, Junior



"Dr. Reynolds, my freshman advisor, and Dr. Hicks because they both really connect with their students and they helped me out a lot my freshman year." ~Lindsay Viall, Sophomore



"Dr. Bush because he brings a Ned Flander's feel to the classroom."
~Michael VonFeldt, Senior



"Prof. Bursten's example of ethical decision making is inspiring and has led me to be a better individual. Her enthusiasm about the material makes me look forward to class."
~Jeremiah Sokolowski, Senior



"Dr. Waldron taught my Intro to Chemistry course. She really cares about her students. Whenever I needed help, she was there for me." ~Liberty Tillemann-Dick, Freshman



"Dr. Ghedotti because he has such a passion for his line of work. It comes through in his teaching and makes Biology interesting and fun." ~Karee Hutches, Junior



"Dr. Brase because he is a genius."
~Jimmy Wagner, Junior

Learning in the Service of Others ~making a difference~



Students volunteer their time in the English as a Second Language program. The program, with the help of volunteers, offers free classes to Spanish speaking Regis employees.



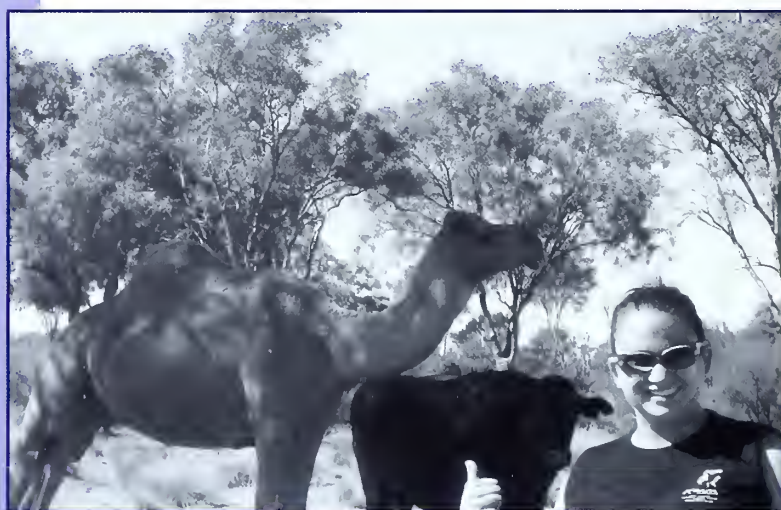
Jim Brungardt, far right, annually works with a volunteer program in the Philippines, which provides medical services to children with cleft palates.

Study Abroad

Now most of you are probably thinking that you're gonna go out there, grab the world by the tail, fold it up, and put it in your pocket...



At least the Australians don't hate us. Yet.



An adventure in the outback. Nikki Zavrados studied for a semester in Sydney.



Mike Schloss, pictured here with his mother (right) and host mother (left), spent a semester studying and doing service work with the people of El Salvador.



Members of the family with whom Schloss lived.



My kingdom for a horse! Oh, forget it, I'll take the tube.*

Note: Richard III was also called Richard of Gloucester. The line "My kingdom for a horse!" is from Shakespeare's Richard III. The tube is what the British call their subway. Colin Servis studied in London for Fall 2003 and is sitting in front of a subway sign.



Is this a condemnation of our postmodern isolation? Or is it just a bunch of phone-booths?



Maureen Jackson (far left) enjoys some tapas with friends in a cafe in Madrid. Mo was one of several Regis students to study in Spain during the summer of 2003.

Jessie Meeks at the Aran Islands hill fort overlooking the Atlantic. Jessie studied with an international group from Mary Immaculate College in Limerick, Ireland for Spring 2003.



Nursing



Mary Pat Szutenbach



Patsy Cullen



Joanie Kalkhorst



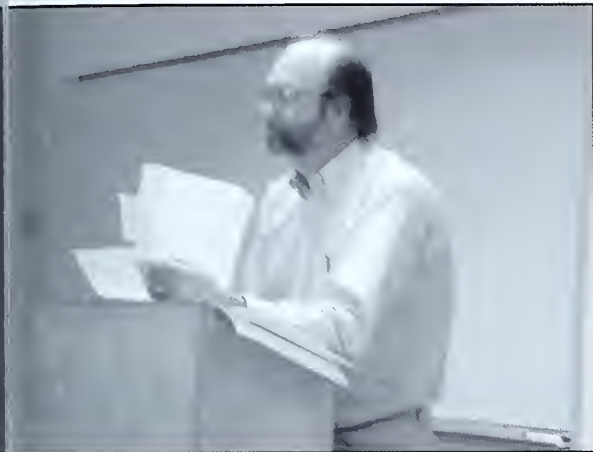
Nursing students relax after a long day of clinicals.



Dr. Jim Riley



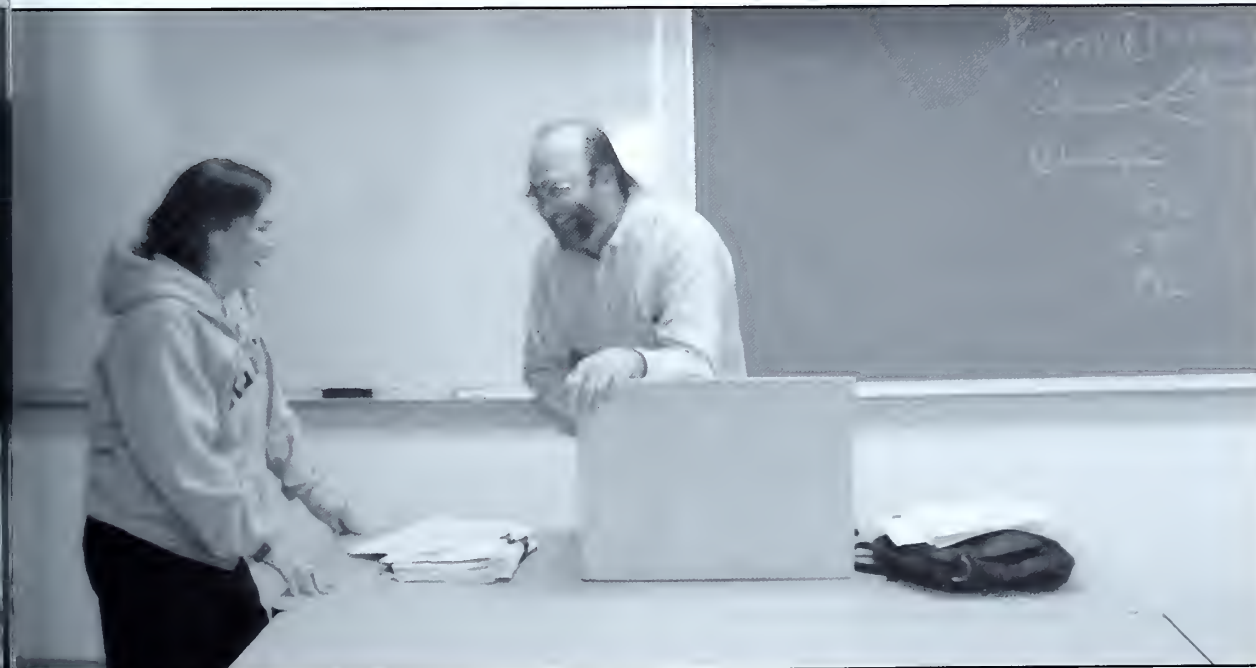
Dr. Terry Schmidt



Give a man a podium, and he will speak for a day. Teach him how to orate, and he will filibuster your head off.



Why are they so happy? Let's just say that's not water in their Nalgene bottles.*



Oh Mo, your twisted liberal ideologies get me every time.

Politics



Languages



Dr. Fred Reinero



Dr. Kim Habbegger



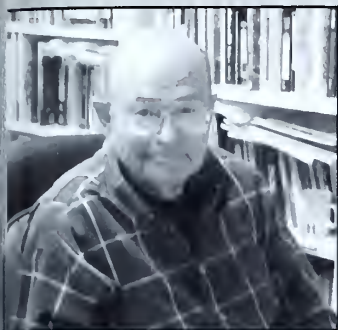
Dr. Elizabeth Medina



Je n'aime pas la confiture mais j'adore France!



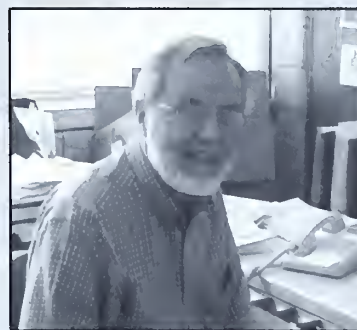
Vale, clase. El refran para hoy: Salir de Guatemala para entra guatepeor. Ja, ja, ja, ja!



Dr. Lester Bundy



Dr. Ronald Lumpp



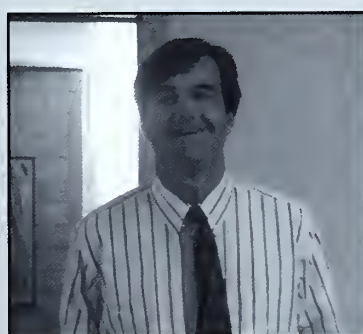
Dr. John Kane



And on that day, Jonah learned a hard lesson about bestiality...



Dr. Susan Doty



Dr. Tom Leininger

Religious Studies

Psychology



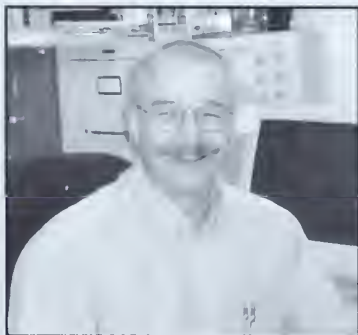
Dr. Gary Guyot



Dr. Nahanni Freeman



Dr. Jose Lafosse



Dr. Eugene Delay



These are hours of my life I'll never get back.

I can hear his thoughts.



Shock him. Shock him in the butt. Again.



Dr. Lisa Garza



Dr. Eve Passerini



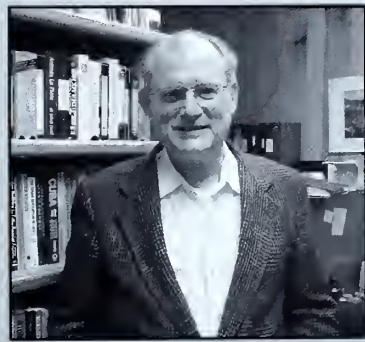
Dr. Carla Guerron-Montero



You all did equally poorly. There's no need for mayhem.



Dr. Byron Plumley



Dr. Jamie Roth

Sociology

Philosophy



Dr. Thomas Duggan



Dr. Karen Adkins



Dr. Ted Zenzinger



Dr. Ron DiSanto



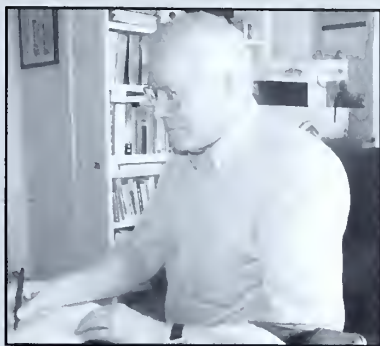
Prof. Duggan and his Philosophy of Film class.
You're not in it because it capped within the first 7 minutes. Approximately.



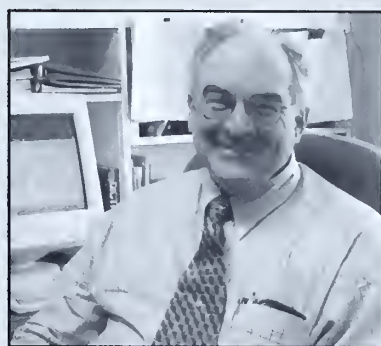
Professor Duggan rings in St. Patty's Day with some traditional Irish drinking songs.



Dr. Dan Clayton



Dr. James Guyer



Dr. Ron Brockway



Above: Dr. Clayton joins Regis alumni and World War II veterans, Phil Antonelli (left) and Dr. Gilbert Macastas (right). Antonelli and Macastas are two of several guest speakers in Clayton's World War II seminar. The course is composed of a series of discussion panels, during which veterans share invaluable first hand experiences, stories, and wisdom from WWII.



On second thought, I think the complexity of the Spanish Civil War is best conveyed through song...

History

Pine Arts



Dr. Mark Davenport



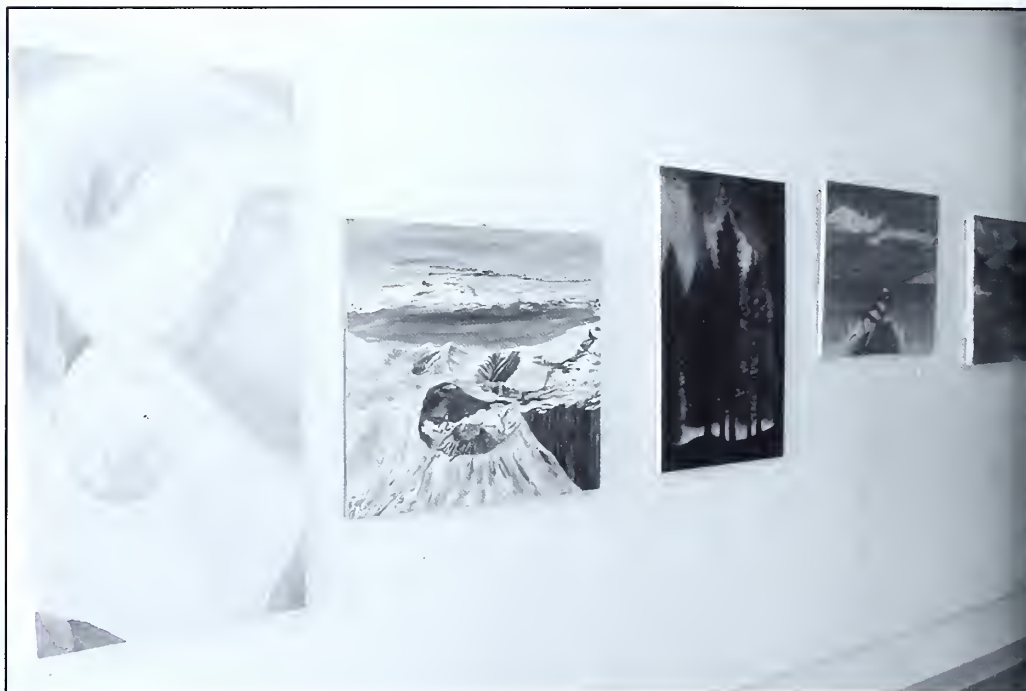
Dr. Willy Sutton



Dr. Gene Stewart



Dr. Barbara Wollan



Is it just me, or does it look like there's a woman...
-Yeah, it really does.

Music



hythm, people, rhythm cannot be taught.



...no,no...no... NO!



James Kline and Barbara Halladay perform at the Spring Faculty recital.



ys, if you call it a 'fart tube' one more time...



Dr. Mark Bruhn



Dr. David Hicks



Dr. Janet St. Claire



Dr. Eleanor Swanson



Dr. Daryl Palmer

English



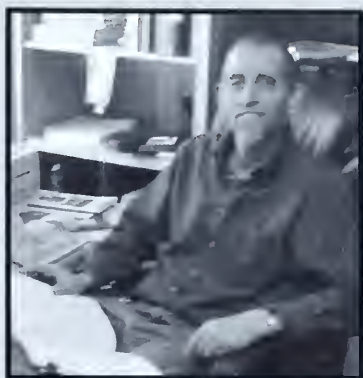
They're laughing with me, right?



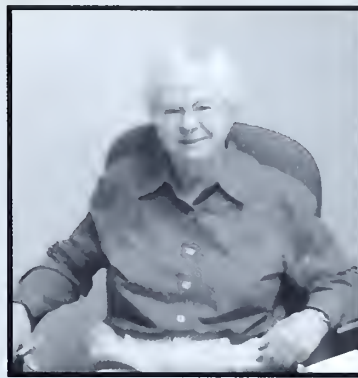
Dr. Swanson autographs copies of her book after a poetry reading.



Chris Best



Dr. John Cross



Dr. Kay Johnson



Dr. Cross teaches how to teach.
Metaeducation...?



Student teachers quickly learn not
to wear apparel that encourages
“monkeying around.”

Education

Computer Science



Dr. Steele



Dr. David Bahr



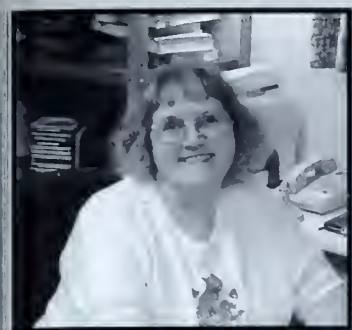
Dr. Dennis Steele



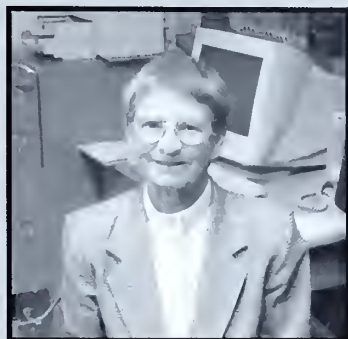
Tim Brungardt and Mark Biller struggle to stay awake during a late afternoon class.



If only I could move the mouse with my mind. How sweet life would be.



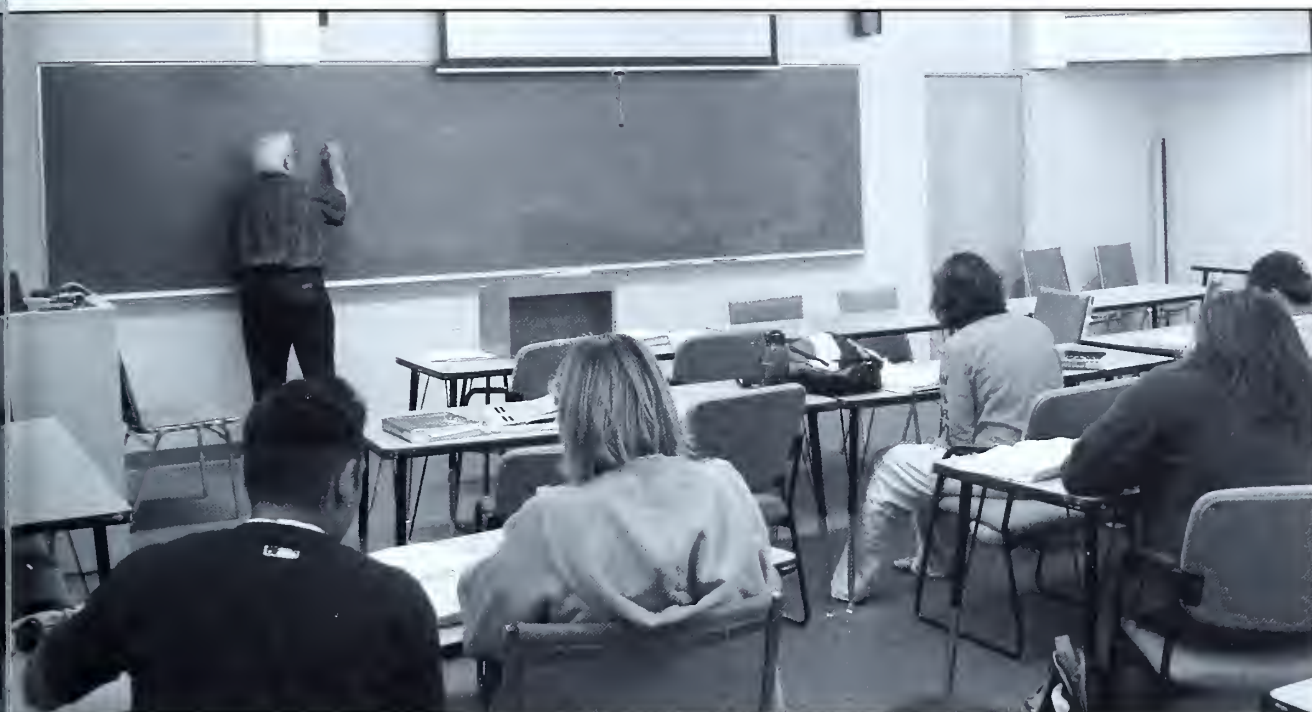
Dr. Linda Duchrow



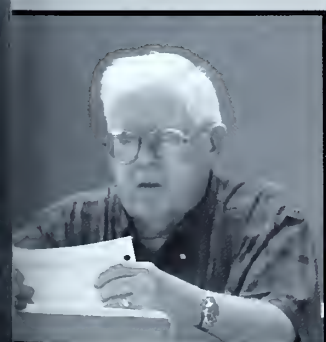
Dr. Diane Wagner



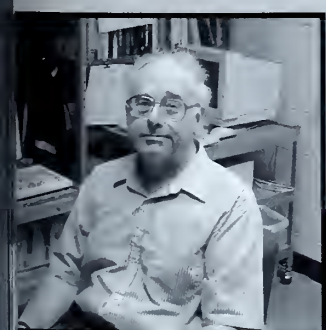
Dr. James Seibert



Hold on to your seats kids. This next formula's a doozie.



Dr. Bill Simms



Dr. Charlie Brase



Dr. Carol Donovan

Math

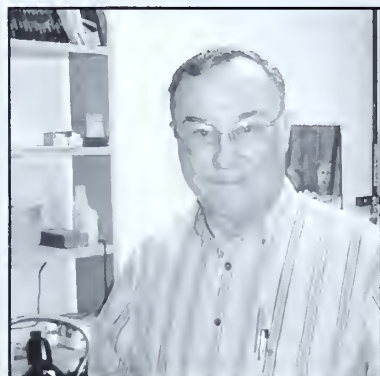
Biology



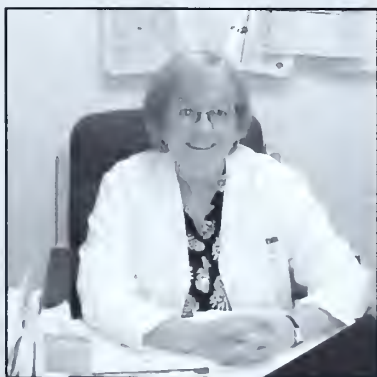
Dr. Michael Ghedotti



Dr. Marie-Dominique Franco



Dr. Harry Taylor



Dr. Barbara Finney



Sure my methods are unorthodox, but they were out of scalpels.



What does curiosity do to humans, Theresa?



Dr. Stephen Cartier



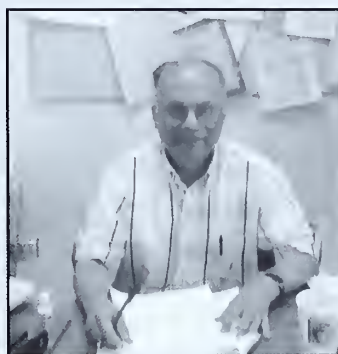
Dr. Denise Guinn



Dr. Norbert Roughton



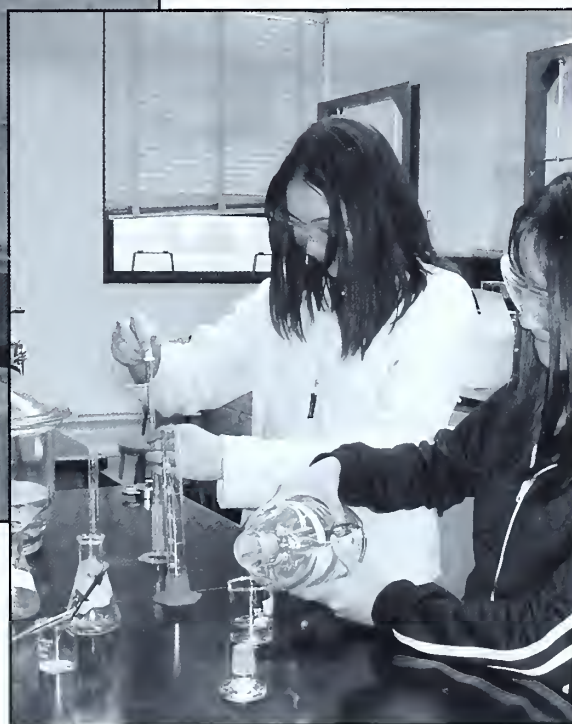
Dr. Kimberly Waldron



Dr. Mahapatro



Distilled? No, no, no honey! I only drink Artesian.



Victim to an over-simplified course description, Julian Biglow realized that rocket science, indeed, was rocket science.

Chemistry Physics

Business



Dr. Matt Daly



Dr. Catharyn Baird



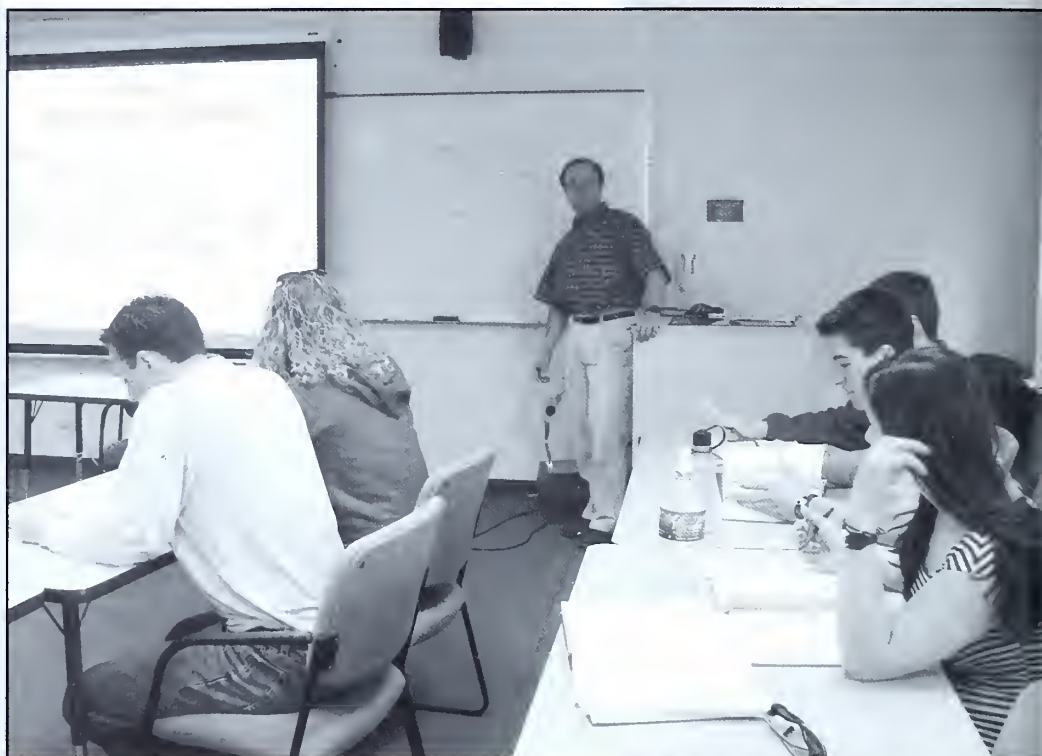
Dr. Don Bush



Dr. Chris McCale



Dr. Jim Richard



It's not personal, it's...?
Very good class.



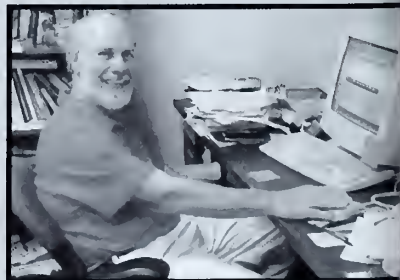
Dr. Mike Polakovic



Dr. John Muth



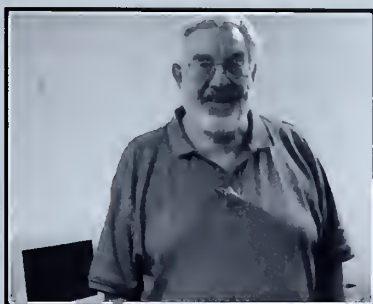
Dr. Robin Koenigsberg



Dr. Lee Shannon



Regina Bursten



Dr. John Flood



Dr. Aimee Wheaton

C Communications



Ysabel, do you ever feel like you're being watched by an angel from God?
Yeah, Erin, sometimes, I do.



Dr. Opffer

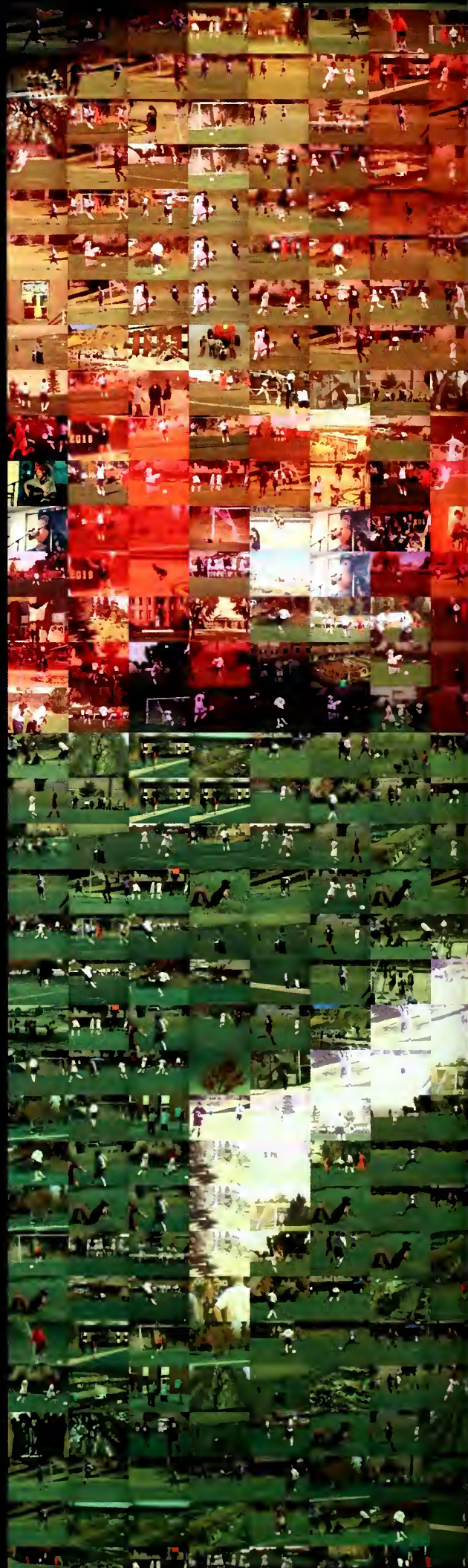


Dr. John Foy



Dr. Ian Dawe

Varsity Sports





WOMEN'S

Row 1: Kate Murphy, Alli Rausch, Shelley Thompson, CarrieAnna Cordova, Brooke Glasmann, Kristen Geyer, Lilia Utu. Row 2: Mary Luttropp, Kelly O'Shea, Lindsay Green, Lacy Richardson, Rachel Wonner, Katie Janda, Ashley Blain-Hartung Row3: Katie Hopkins, Meghan Thompson, Toshi, Kate Kelly, David Wulff, J.B. Belzer, Nikki Lawson, Katie Jardine

Junior, Kristen Geyer puts on her game face while Sophomore Katie Janda yawns and wishes she hadn't gone to that party last night.



Sophomore Lilia Utu attempts to ward off the opponents while Junior Kristin Guyer waits for some action.



Willy, the Ranger mascot, energetically cheers on the lady rangers soccer team.



Juniors Kristin Geyer and Lacy Richardson work together in leading the lady rangers offensive squad.



Junior Ashley Blain-Hartung heads up the field with determination and speed in quest of the ultimate prize of leaving her opponent in the dust.



Junior Lacy Richardson watches as Sophomore Lilia Utu prepares the ball for kick off.

SOCCER

Freshman Meghan Thompson shows the crowd her throw in skills.



Junior Nikki Lawson gives her opponents something to remember.

Goalie Brooke Glasmann makes an impressive dive for the ball.



CarrieAnna Cordova makes a winning goal for her team

Sophomore Lilia Utu and Junior Kristen Geyer work together to gain control of the ball.

MEN'S

Senior Oliver Pertuit heads up the field in pursuit of the gaining the upper hand against his opponent.



Junior Eric Tormoehlen has his game face on as he looks up the field for some of his teammates.



Senior Oliver Pertuit is practicing the art of the free kick.



Senior Oliver Pertuit sets the soccerball down as the team gets in position to score.



Senior Mike Montgomery gets in position to take off and sacrifice his body for the team. Way to hustle.

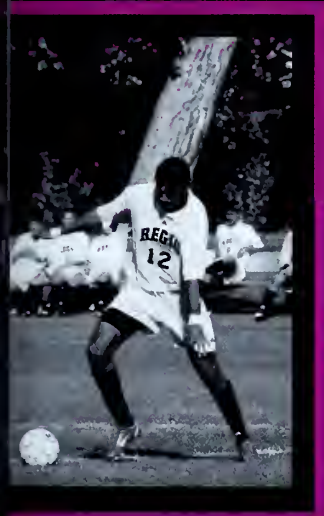


Freshman Matt Westerlund gets his head into it as he prepares to come into contact with the soccerball.

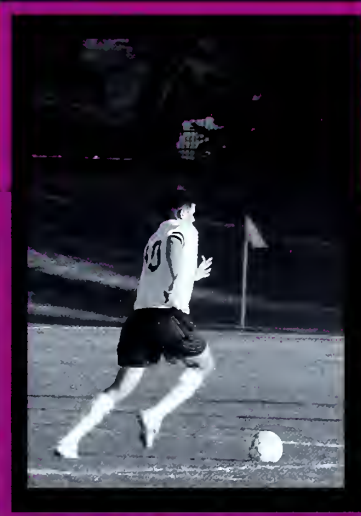
SOCCER



Row 1: Lance Snodgrass, Parker Heikes, Alan Ramirez, Javier Vegas, Sven Trautmann, Allen Johnson, Travis Mitchell, Dustin Knutson
Row 2: Mike Montgomery, Tommy Terrill, Daniel McKinley, Jerad Murphy, Oliver Pertuit, Andy Allen, James Brueggeman, Eric Tormochlen, Guillermo Mazier
Row 3: Jose Rosales, Matt Westurlund, Head Coach Matt McDowell, Assistant Coach Tom Shaw, Assistant Coach Derek Scarth, Jonathan Ramirez, Cody Berg



Jose Rosales showing off fancy moves on the field.



Senior Oliver Pertuit getting ready to lead the Rangers down the field.



Sophomore Guillermo Mazier is in the defensive position for the Rangers.



Senior Lance Snodgrass getting in position for the lost art of the sidetackle.

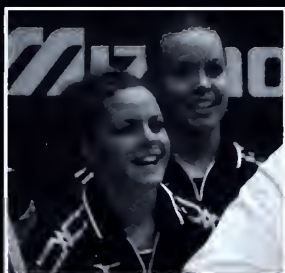


Senior Oliver Pertuit getting a leg up on the competition.

WOMEN'S

Row 1: Jessica Robinson, Holly Yamada
Row 2: Stephanie Bradac, Sarah Jackson, Erin Ovitz
Row 3: Annia Martial, Liz Carlson-Bast, LaVanda Mireles, Sheryl Fagerlund, Laura Bisio, Julianna Bayley

Senior Erin Ovitz and LaVanda Mireles crack some smiles before a hard game.



Junior Holly Yamada is an outside hitter from Honolulu. She enjoys playing the ukelele and working at Red Robin.



Senior Julianna Bayley is an outside hitter from Irvine, California.



This team gets their game face on as they prepare to go into battle against the competition.



The Lady Rangers are in the ready position to dig, set, and spike.



The team huddles up for an inspirational cheer to make sure that the team brings their "A" game.

VOLLEYBALL



Junior Sarah Jackson scopes out the action as she prepares to serve.



Senior Julianne Bayley takes a break from the hard hitting action that is Regis volleyball.



Come on and serve it already... I have a hot date tonight.



The Lady Rangers send that ball back where it came from.



Senior Erin Ovitz takes one for the team.

CROSS



Junior Kassi DeRaad flashes the camera a thumbs-up as she heads toward the finish line at the 5K race in Notre Dame.

The opponents can't handle the cold, but Freshman, Tyler Goswick shows that he's man enough to bare his hands throughout his whole 8K race.



Senior, Joe Osdieck hopes that his gloves will protect him from the barely 20 degree weather at Regionals in Fort Wayne, Nebraska.



Sophomore Ryan O'Neill tries to pretend that he's not uncomfortable as he pushes himself through the final mile of his 8K.

COUNTRY



Top row: Jen Geneser, Matt Zavala, Dan Hoffman, Michael Daly, Coach Mike Mittelstaedt, Ryan Thomas, Tyler Goswick, Jesse Hunter, Janey Beulke. Middle row: Crystal Wright, Erica Easter, Jesse Stephens, Geoff Arte, Charlie Campbell, Kyle Mattie, Ryan O'Neill, Joe Stachecki, Maria Jelinek, Allison Hingtgen. Front row: Dylan Engberg, Amy Baisley, Tessa Dallarosa, Kassi DeRaad, Joe Osdieck. Not Pictured: Emily Butterick

Junior Janey Beulke tries to entertain herself by catching bugs in her mouth at Notre Dame, Indiana.



In the middle of his 8K race, Junior Kyle Mattie realizes that maybe joining the cross country team for the girls wasn't such a good idea.

Sophomore Emily Butterick desperately searches for the finish line as she suffers through the punishing 5K at Notre Dame, Indiana.



WOMEN'S

Row 1: Diana Lopez, Katie Simons, Cappie Smith, Denise Lopez
 Row 2: Simone Sheperd, Lindsay Viall, Keely O'Dell, Becky House, Egle Ribinskaite, Jen Ludwig
 Row 3: Coach Vanessa Bain, Kristina Vengryte, Coach Linda Rauig, Tamara Vasiljevik, Simone Shepherd



A remarkable shot by freshman Katie Simons.



Junior Cappie Smith gets ready to make a game winning shot!
 No pressure.

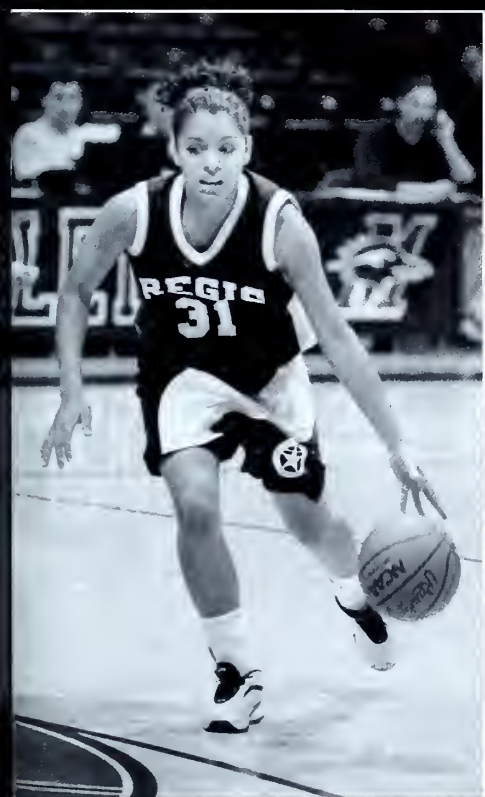
BASKETBALL



And there goes *another* airball..



Lindsay Viall plays some tough defense.



hman Diana Lopez plays some great offense.



The rest of the bench looks on as their teammates hustle down the court.

MEN'S



Regis Basketball team going strong.



BASKETBALL



Row 1: Jay Goral, Kent Brown
Row 2: Robin, Casey Fisher,
usitn Christensen, Owen Olson,
ndon Jones, Chris Brever, Zach
Gehlhaus, Joshua Wood, Julian
Biglow, and Caitlyn Claxton.



Senior Brandon Jones looks for his teammate in crime,
sophomore Kent Brown, as the team tries to beat the press.



What goes up must come down, and this ball isn't coming down
anytime soon.



This is where all the magic happens. Just picture the screaming
fans.



Sophomore Casey Fisher looks forward to put the ball in the hoop
as sophomore Jay Goral sets up to hit one from downtown.

Row 1: Erica Solano, Melissa Backlund, Amy Tarnoff, Anna Schafer, Lindzy Molinaro, Kara Mahan
 Row 2: Assistant Coach Christi Weiser, Assistant Coach Jenny Lindstrom, Michelle Sanchez, Sharita Richmond, Michelle Johnston, Mariah Piper, Christina Wade, Jennifer Hayashi, Stacia Buda, Head Coach Dana Lillard



Amy doesn't go here anymore, but seriously we didn't have a yearbook last year, so who cares, she's gotta be remembered somehow...she graduated.



Senior Christina Wade warms up before the inning.

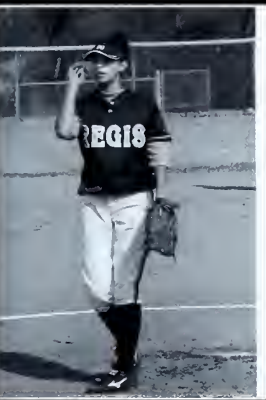


SOFTBALL

Freshman Melissa Backlund slides into third to avoid being called out..



or Amy Tarnoff is always behind the plate.



or Jennifer Hayashi practices ing before a game.



Junior Sharita Richmond gets ready to knock one out of the ballpark.



Head Coach Dana Lillard: "Ladies, I think keeping your eyes open increases your chances of catching the ball."

Senior Jennifer Hayashi deciphers the signs before pitching a fast ball down the middle, winning the last game of the season for the Rangers.

BASEBALL



And we did it all with just a baseball team.

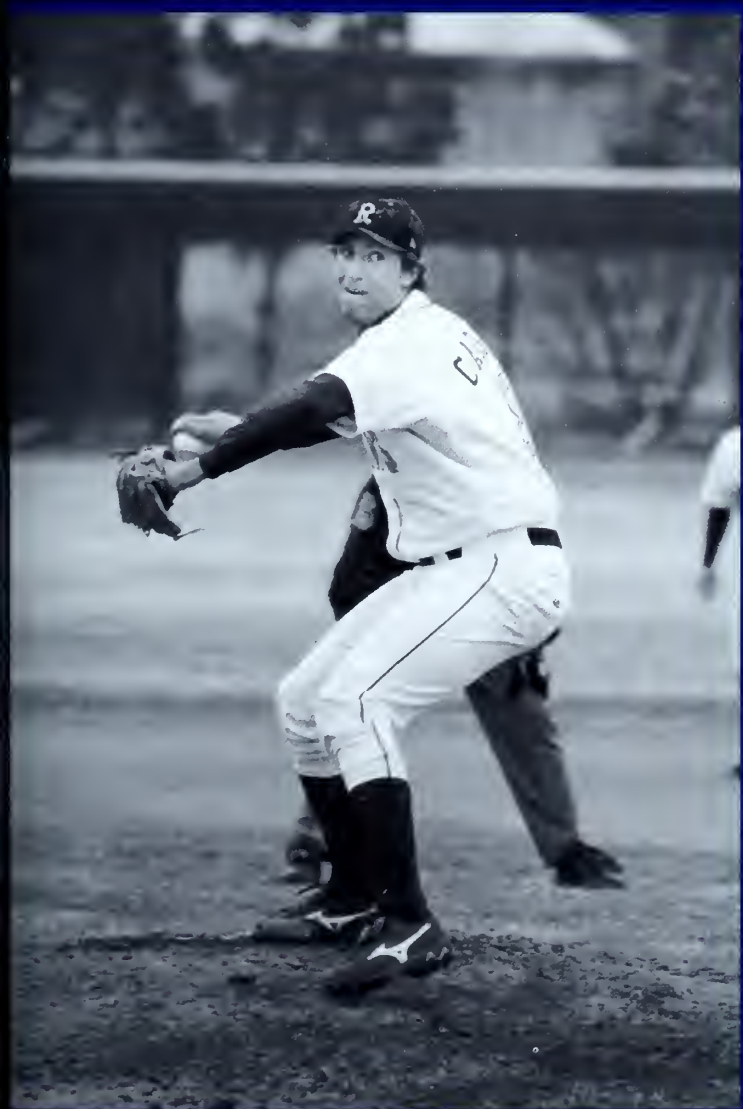
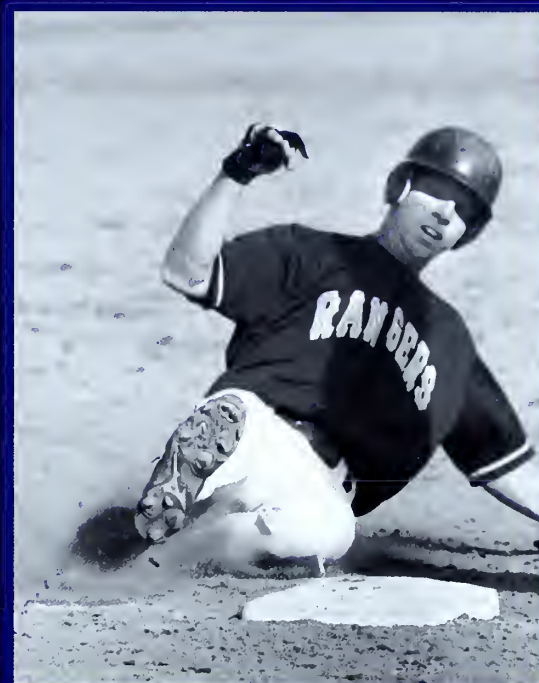


Father Shelton proudly watches the baseball team celebrate a homerun still pondering why nobody notified him of blue hat day.

ass smack



Senior Andrew Newton trips, falls and successfully turns this disaster into a smooth slide into second.



Senior Fred Carney throws a pitch with a disgruntled expression.



Another stellar baseball game at Regis University...Perfect.

GOLF



Golfing is life...the rest is just details.



"Uh Oh, Happy learned how to putt"



The team cannot afford golf carts, but isn't the sky beautiful?



Row 1: Shaun Casey, Mitch Nelson, Matt Ovel, Ryan D'Onofrio, Chris Sylvia
 Row 2: Ryan Wagner, Miles Philpy, Head Coach Mike Cosmo Kramer, Brendan Mason,
 Tyler Brungard

WOMEN'S

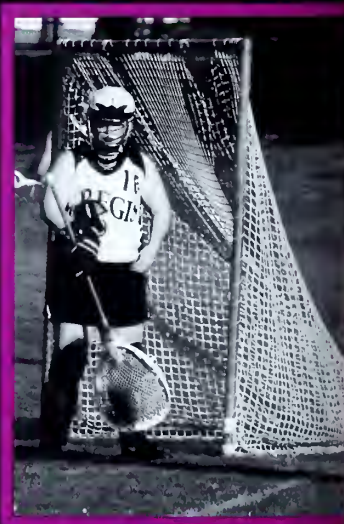
Row 1: Katie Ryan, Salli Schlacks, Maureen Jackson, Suzi Schlacks. Row 2: Paula Tucker, Helen Lipscomb, Greer Rawlings, Meaghan McGrath, Chrissy Yetter, Colleen Merrick. Row 3: Kathryn Oliver, Whitney Pappas, Jenny Thornton, Caroline Herter, Kristen Prybella, Michele Boselli. Row 4: Emily Augsburger, Ann Tool, Jen Ledford, Kate Herter. Row 5: Coach Tim Keane, Coach Karie Keane



Ann Tool and Katie Ryan taking snap before the game.



Maureen Jackson and Suzi Schlacks playing strong defense.



Goalie Kathryn Oliver taking a break.



A fan watching from the sidelines.



What a great goal for REGIS

LACROSSE



Katie Ryan taking the draw.



Helen Lipscomb playing unstoppable defense.



Colleen Merrick setting up the play.



Colleen Merrick making a great play.

2003~2004 STATS

WOMEN'S BASKETBALL

Univ. of North Dakota L71-73
Northern Colorado W78-59
Oklahoma Panhandle State Univ W84-64
Colorado College W74-38
North Dakota St. Univ. L64-72
Concordia L68-79
New Mexico Highlands W84-64
CSU-Pueblo L62-73
Midland Luthern College W68-47
Adams State W68-55
Fort Lewis L50-58
Western State W69-53
CU-Colorado Springs W57-56
Northern Colorado W73-52
Mesa State W55-48
Colo Christian Univ. W67-40
Colo School of Mines L55-46
Metro State L61-66
Chadron State W74-75
Fort Hays State W78-75
Nebraska-Kearney W69-66
Chadron State W86-48
Metro State W65-59
Nebraska-Kearney L61-78
Fort Hays State W70-61
Colo. School of Mines W63-36
Colo. Christian Univ. W81-55
Mesa State W82-58
UNK L55-62

MEN'S BASKETBALL

BASEBALL

Univ. of California SD L2-5
Univ. of California SD L6-16 L5-7
Grand Canyon Univ. W7-6 L4-5
Grand Canyon Univ. L1-3 L3-13
Hillsdale College W14-4
Adelphi Univ. W6-1 W15-3
Dominican College W9-0 W12-7
CW Post Univ. W16-3
Mercyhurst College W6-2
Lock Haven Univ. W13-5
College of St. Rose W21-5
Metro State
Mesa State
CSU-Pueblo
Colorado School of Mines
Fort Hays State Univ
Nebraska-Kearney
New Mexico Highlands

BYU-Hawaii L57-63
Langston Univ. W98-86
Colorado College W67-62
Kendall College W65-64(OT)
Northern Colorado W63-50
New Mexico Highlands L69-70
CSU-Pueblo L70-85
California Baptist L66-71
Bethany College W95-49
Adams State W74-58
Fort Lewis L51-61
Western State W79-69
CU-Colorado Springs W71-47
Northern Colorado W62-49
Mesa State L74-79
Colorado Christian Univ. L70-82
Colorado School of Mines W81-43
Metro State L49-104
Chadron State W83-68
Fort Hays State W70-59
Nebraska-Kearney L79-87
Chadron State W86-52
Metro State L64-84
Nebraska-Kearney L70-75
Fort Hays State L65-75
Colorado School of Mines W87-71
Colorado Christian Univ L95-96

WOMEN'S CROSS COUNTRY

Colorado College Invitational 3rd
National Catholic Schools Championship 10th
Dan Libers Memorial 6th
RMAC Championships 6th
NCAA II North Central Regionals 13th

MEN'S CROSS COUNTRY

Colorado College Invitational 4th
National Catholic Schools Championship 20th
Colorado Christian Autumn Classic 1st
Rocky Mountain Shootout 8th
Dan Libera Memorial 6th
RMAC Championships 8th
NCAA II North Central Regionals 16th

WOMEN'S VOLLEYBALL

Grand Valley State L1-3
 Texas A&M L0-3
 Texas Lutheran W3-0
 Eastern New Mexico Univ. W3-1
 St. Edwards Univ. L1-3
 Northern Colorado L0-3
 Central MO St. Univ. L0-3
 Cameron Univ. L0-3
 Metro State L0-3
 Colorado Christian Univ. W3-1
 Nebraska-Kearney L0-3
 Fort Hays State Univ. L0-3
 Northern Colorado L0-3
 Colorado School of Mines W3-1
 Hadron State L1-3
 New Mexico Highlands W3-1
 CSU-Pueblo W3-1
 U-Colo Springs W3-0
 Western State W3-1
 Mesa State L2-3
 Adams State W3-1
 Fort Lewis W3-1
 Metro State L2-3
 Colorado Christian Univ. W3-0
 Nebraska-Kearney L0-3
 Fort Hays State L0-3
 Colorado School of Mines W3-1
 Metro State L0-3

ACROSSE

Limestone College L6-11
 annon University L3-15
 ueens College L4-8
 ee's-McRae College W(F)
 C Davis L2-22
 eiffer University L3-9
 olorado College
 berlin College
 niversity of New Haven
 outhern Connecticut State Univ.
 ryant College
 niversity of Denver
 aint Mary's College

SOFTBALL

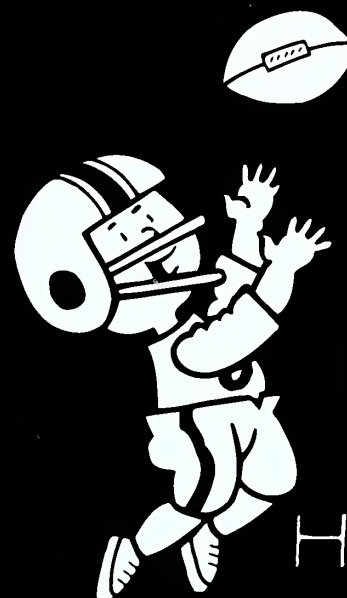
Univ. of South Dakota W2-0 W10-5
 St. Edwards University L1-2
 Texas A&M W2-1
 Incarnate Word L1-4
 Abilene State University W4-1
 Angelo State University W5-4
 St. Mary's University L0-8
 New Mexico Highlands W4-3 W5-0
 Mesa State W7-0 L5-7 L0-3 L3-6
 Nebraska-Kearney L0-1 W4-3
 Nebraska-Kearney W4-1 L2-4
 Fort Hays State Univ
 Fort Lewis
 Northern Colorado
 Colorado School of Mines
 Cu-Colorado Springs
 CSU-Pueblo
 Adams State

WOMEN'S SOCCER

CSU-Pueblo W1-0
 Texas A&M L1-2
 University of Central Oklahoma W2-0
 Southern Oklahoma State W5-0
 New Mexico Highlands W2-1(OT)
 Adams State W4-0
 Metro State L0-2
 Colorado Christian W5-0
 Incarnate Word W1-0
 East Central University W3-1
 Northern Colorado L0-4
 Fort Lewis W2-0
 Mesa State L0-1
 New Mexico Highlands W2-1
 Adamsa State W4-0
 Metro State L0-1
 Colorado Christian W3-0
 Fort Lewis L2-3
 Mesa State W2-1 (OT)
 CSU-Pueblo W3-1
 New Mexico Highlands W5-0
 Mesa State T0-0
 Mesa State W4-1

MEN'S SOCCER

CSU-Pueblo T0-0
 Colorado College W5-1
 University of Mary W8-1
 Fort Lewis W3-2
 CU-Colorado Springs L1-2
 Colorado School of Mines L0-2
 Metro State T0-0
 Colorado Christian W5-2
 Montana State Univ. W1-0
 Embry-Riddle Univ. W6-0
 St. Edwards Univ. L3-4
 Incarnate Word L1-2
 Westminster College W2-1
 Texas A&M W2-1
 CU- Colorado Springs L1-2
 Colorado School of Mines L1-2
 Metro State L1-3
 Colorado Christian W4-0
 CSU-Pueblo W3-0
 Fort Lewis W3-1

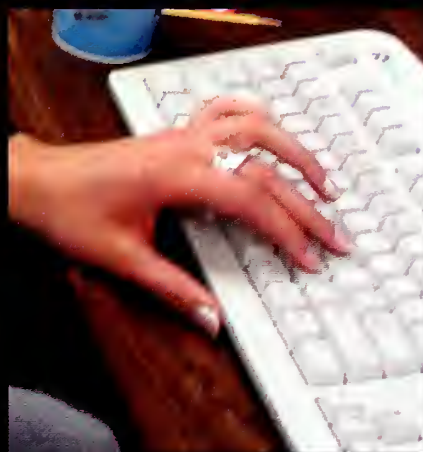


Oh wait, that's right.
 We did it all without a football team.

GOLF

CCU Triangular II 1st
 New Region Spring Head to Head 10th
 Colo Mines/Regis Univ Invite 9th





Clubs and Organizations

Raucous Rangers



Ole Ole Ole Ole! Ole Ole!



Brock Peters, a fine representative of our beloved Raucous Rangers, riles up the crowd with his undying enthusiasm and support of all Regis athletics--besides Cross Country.



The Cheerleaders

Our boys are daring
They cheer for joys
The crowd is staring
There is no noise.

The cheers are thrilling
They speak of glory
Our team is willing
What victory story.

The pace is set
The boys are choice
The cheers affect
Our common voice.

We ask no quarter
We give no time
We win and lose
But mostly lose.

~Regis Yearbook 1969

Rugby



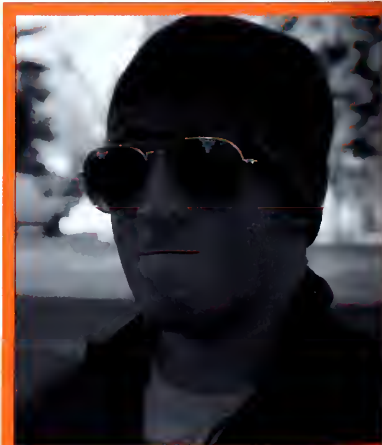
Captains Andy Cole and Mike Simpson.



Above: Who says rugby players are too tough to show emotion? The Rugby team cuddles before a match at the Regis fields.



The rugby team traveled to Chadron, Nebraska for a round robin tournament where they swept the competition, and outscored the opposition 75 to 7.



Mike Simpson really, really, really doesn't like to lose.



Volleyball



Left: During an intense game, Eddie shows that he's not to be trifled with by dashing toward his shocked and terrified opponent with his fist raised.

Below: Look at that spike! Why is this just a club? These guys should go varsity.



The club volleyball team shows off their physical prowess at practice in the Ranger Dome. Why aren't there more fans?!?

The Highlander



Sports Editor, Drew Walker and Photo Editor, Dan Delaney.



See Nikki, I told you Ann would solve all your problems!



Senior members Katie Ryan, Wic Swanton, Ann Tool, Brian Niles.



Managing Editor Wic Swanton





The Highlander staff:
 Staff reporter Eddie Bessenbaucher, Associate Editor Chris Dieterich, Advertising and Business Manager Brian Niles, Managing Editor Wic Swanton, Faculty Advisor Ian Dawe
 Second row: Staff reporter Rhianna Horan, Layout and Production Manager Katie Ryan, Entertainment editor Ann Tool, Layout Staff Tania Johnson. Not pictured: Sports Editor Drew Walker, Senior reporter Ysabel Martinez, Photo Editor Dan Delaney, Staff reporters Andy Cole, Justin Goldman, Mike Mahon, Mike McMillan, Brian Schaefer, John Rief, Mike Daly, Erin Ovitz and Michael Ponterelli.



The Highlander editor at his wic's end.

KRCX



KRCX is by far the best radio station that operates out of the basement of the Regis Student Center. We take this on faith, as no one has ever actually picked up KRCX on the radio beyond the parameters of the quad.

KRCX is a college radio station run by the students of Regis University in Denver, Colorado. Known as "The Only College Radio Station in Denver," KRCX exists as a source for entertainment and education for Regis University, and as a service to the larger community in North Denver.

KRCX Broadcasts around the clock with the exception of the summer vacation. The staff of DJs, producers, and on-air personalities is comprised entirely of Regis University students. After converting to a new FM frequency—101.5 FM—KRCX broadcasts from a small basement studio in the North Denver area. The types of shows span a great variety, including Rock, Alternative, Metal, Hip Hop, Classic Rock, Christian, Rap, techno, house, soundtracks, news, talk, and more.

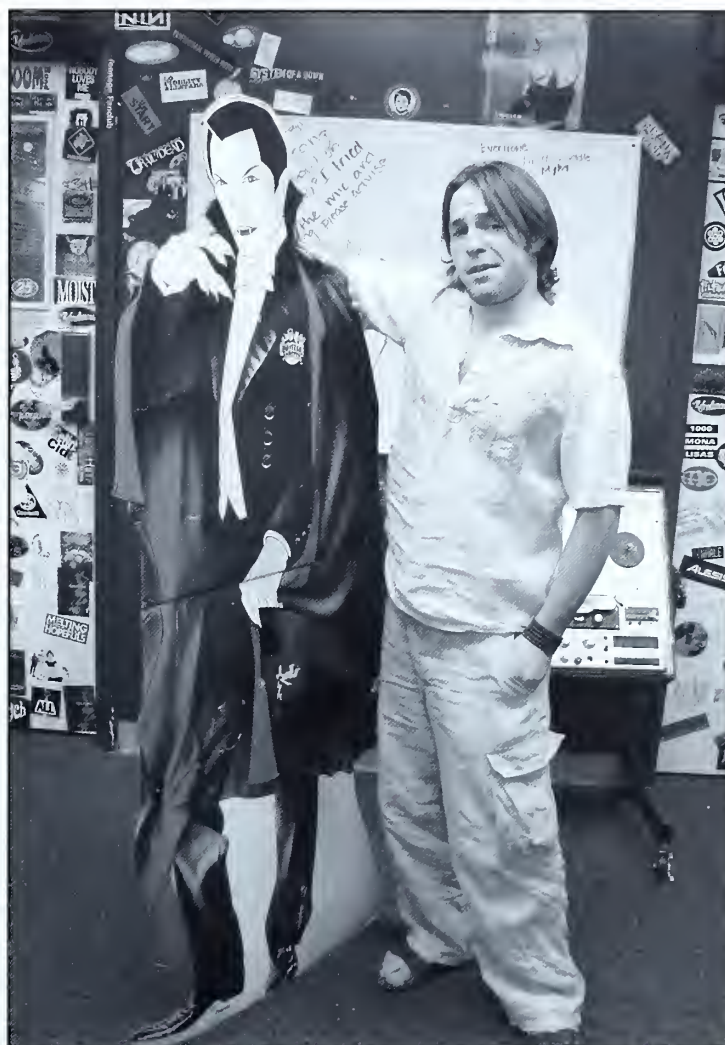
The most popular show was "The Mandatory Ice Cream Social Rock and Roll Dance Party Extravaganza," which features all the greatest hits from Serge Gainsbourg to Francoise Hardy.





KRCX'S TOP TEN MOST-PLAYED ARTISTS

- 1-Joy Division
- 2-New York Dolls
- 3-Chuck Berry
- 4-Velvet Underground
- 5-David Bowie
- 6-Leonard Cohen
- 7-Morrissey
- 8-Beyonce
- 9-Shangri Las
- 10-Stooges



Though no wooden dagger could be found, Jace Livingston serendipitously discovered a vinyl record to the crotch was equally effective.

Young Democrats



Left to more left:
Cat Hellman, Scott Forrester, Justin Goldman, Michael Uhrig, Ben Gamboa, Ryan Doyle, Maggie Krohn, Katie Royer, Cathryn Mudon and Drew Walker.

Officers: Vice President, Cathryn Mudon; Secretary, Scott Forrester; Treasurer, Michael Uhrig; and President, Ben Gamboa.



Right: Young Dems visited Boulder in October to hear Howard Dean speak. Above: Months later, Ben Gamboa perfects his own rendition of the "freak out."



Young Republicans

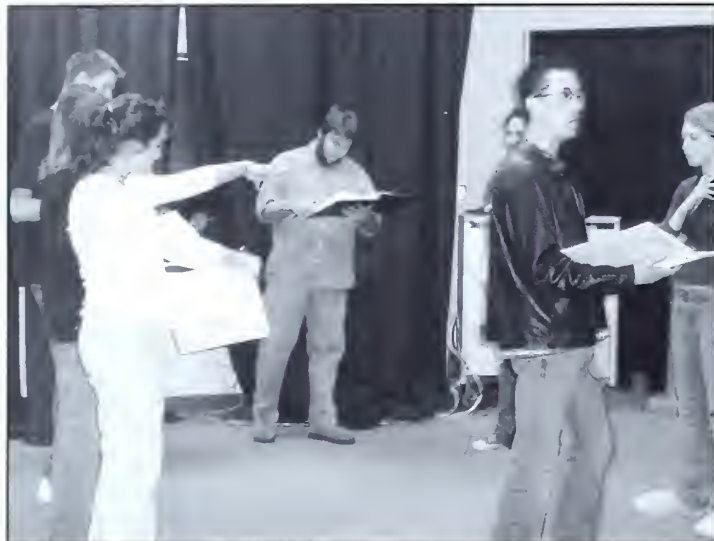


Young Republicans Officers:
Caitlyn Claxton and Brandon
Ballentyne.



Regis Ramblers

"Fiddler on the Roof"



Listen, hot shot, why don't you try and hit that high C...?



Ramblers President, Rich Cadwallader, again finds himself one verse ahead and one step behind.



Ellen Thompson, Liberty Tilleman-Dick and Gabrielle Shamsabadi portray Tzeitel, Chava, and Hodel, respectively.



Regis Ramblers' annual musical this year was "Fiddler on the Roof," directed by Klint J. Rudolph and choreographed by Shannen Steele. The show ran April 1 through 4, 2004. The cast was comprised of over forty students, including Rich Cadwallader as Tevye, Cathryn Mudon as Golde, Sam Lindell as Yente, Trevor Wood as Motel, Joe Kessler as Perchick, Ryan O'Neill as Fyedka and Danny Gallagher as Mordcha.



Rhapsody



In its inaugural year, Rhapsody has been well received by the Regis community. Co-founded by sophomore Fides Giddings (pictured below), Rhapsody performed student directed one-acts in the Fall semester and "Antigone" in the Spring semester.



Gesticulate first. Ask questions later.



Dr. Hicks, he's doing it again.

Above: Sponsor Dr. David Hicks, Tex Masieh as Creon, and Dan Keenan as Haemon rehearse for "Antigone." Far right: Kristin Lesar as Antigone.

Alliance



Alliance Officers:
Secretary Jennifer Cesena and Vice-President Brittney Mathews.
Not pictured: President Michael Uhrig



The Alliance participated in volunteer work at The Spot, a homeless shelter sponsored by Urban Peak in downtown Denver. Several residents are pictured above.



Sarah Martin and Michael Uhrig enjoy their dinner while listening to a speaker at the Alliance's same-sex marriage roundtable discussion.

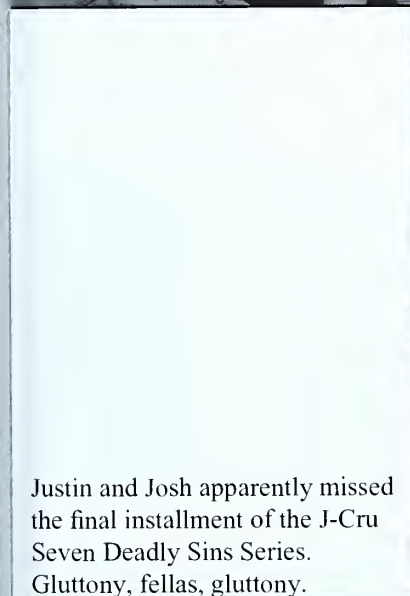


J~Cru



First Row: Odia Eigbire-Molen, Jesse Stephens, Ryan O'Neil, Jon Mayles

Second Row: Brandon Ballantyne, Will Hori, Laura Doak, Bethany Busse, Laura Applegath, Cat Hellman, and Audra Smith.



Justin and Josh apparently missed the final installment of the J-Cru Seven Deadly Sins Series. Gluttony, fellas, gluttony.



J-Cru members complete their community service project by volunteering at a soup kitchen.



Phi Alpha Delta

Officers: Membership Director Luka Znidarcic, Vice President Katie Royer, President Maria Hohn, Secretary, and Treasurer Jenny Bain.



Ryan Browne listens attentively as Dr. Lenninger shares his law school experience.

My, that's a firm handshake you've got there!
The same to you, friend!



Chess Club

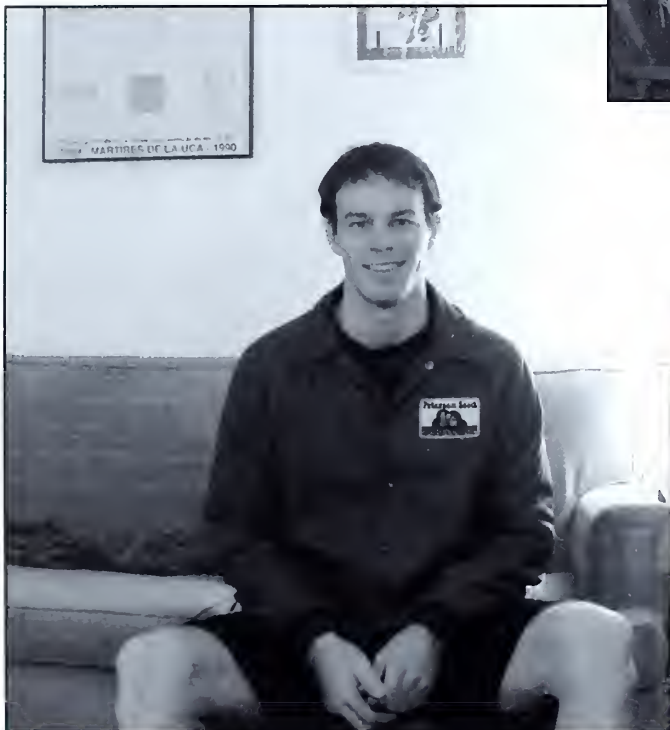
Whoever said chess was dull never saw a round like this one. Odia Eigbire-Molen and Nhan Pham prepare for another riveting, edge-of-your seat battle of wits.



Odia finds himself in need of the perfect cheer. Where are those Spartans when you need 'em?

Romero House

Fearless leader Nate Jacobi still manages a smile after another long day.



The Romero House crew gathers at their weekly Monday hospitality night.



Yearbook



Okay ladies, just fake a pretty smile so we can get back to freaking out over making this deadline. Everybody say cheese!



Kathy Korsmo, exhausted and flustered, is too busy to notice that meeting attendance has reached an all-time low of...one.



Amy, do you think they know we're undercover yearbook agents?
Don't worry about it, Jo.
Anything for the shot.

Three panic attacks and two pizzas later...
Amy...did you remember to tell the rest of the staff about the meeting?
No, I thought you did.

Thus begins another productive workday.

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Colophon

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How can one capture, through words and images, the essence, feelings and memories of a year? However indefinable, this has been our goal- to show with unwavering honesty Regis as it is, specifically the experiences of 2004. This project was tackled, initially, with naïve enthusiasm. The emotion slowly evolved into frustrated cynicism, then quickly unraveled into sheer panic. Incidentally, reflections from each stage may be found within these pages. However, as the project has now reached its completion, I may formally acknowledge with deep gratitude (and peaceful composure) the invaluable contributions of the many generous people who have made this publication, if not a success, at least a fighting attempt at one.

As with any experience in this life of ours, the creation of this yearbook has been an educational one, and its completion leaves those involved a little wiser. This little book, innocent as it may seem, carries with it a variety of bitter and wonderful lessons. Specific insights include the following: biologists loathe having their photos taken. Athletes do not. Also, there is a vast chasm between the reality of 4 am and the reality of normal waking hours; the humor associated with the former can be frightening. Finally, perhaps the most difficult lesson of all: when your best isn't good enough, that's tough. However, when support and assistance come in unexpected forms, that's beautiful.

Regis' 2004 has had exceptional significance for our little community. As Seniors, we look back at the past four years with complicated nostalgia. At the time, the journey through Regis seemed excruciatingly interminable; yet how fleeting and pleasant do we now recall those years. And what words can encapsulate the love and appreciation for those people who have guided us to where we are at this moment? To the teachers who opened our eyes to a vision of the world we had never imagined; to the friends who listened to our stories and created new ones with us; to our families who presented us with the opportunities we have been shown and struggled with us along the way...we thank you.

And so, to the faculty and student body, for whom this project was created, I give my farewell and very best wishes.

With deepest gratitude,

Cathryn Mudon



Goodnight and have a pleasant tomorrow.

LifeTouch
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* To thine own self be true. ~ Shakespeare ~ The unexamined life
feel inferior without your consent. ~ Eleanor Roosevelt ~
confidently in the direction of your dreams. Live the life you
things we believe are different than the things we do. ~
loved. ~ George Sand ~ Life is what happens to you while you
be loved, **LOVE** and be loveable. ~ Benjamin Franklin ~
enthusiasm. ~ Winston Churchill ~ If you do not tell the
people. ~ Virginia Woolf ~ Better to have loved and lost than
never a good war or a bad peace. ~ Benjamin Franklin ~ We
hope, to love, and to put its trust in life. ~ Joseph Conrad ~
it. ~ Confucius ~ If you know exactly what you're going to do
on anybody unless it's to help them up. ~ Jesse Jackson ~ You

Freedom is not the right to do what we want, but
this to regret... that too often when I loved, I did not say so.
development, invariably excites the sensitive soul to tears. ~
of every virtue. ~ Confucius ~ If we have no peace it is because
Theresa ~ To be content with what we possess is the greatest
with all mankind is our wisest policy, and I wish we may
hottest places in hell are reserved for those who in a moment

life is not worth living. ~ Socrates ~ No one can make you
Knowledge speaks, but wisdom listens. ~ Jimi Hendrix ~ Go
ve imagined! ~ Thoreau ~ There is no happiness in life if the
Camus ~ There is one happiness in life, to love and be
u're busy making other plans. ~ John Lennon ~ If you would
~ Success is going from failure to failure without loss of
e truth about yourself you cannot tell it about other
n to have never loved at all. ~ St. Augustine ~ There was
e to the man whose heart has not learned, while young, to
Everything has its Beauty but not everyone sees
what's the good of doing it? ~ Picasso ~ Never look down
must be the change you wish to see in the world. ~ Gandhi ~
what we ought. ~ Abraham Lincoln ~ Looking back I have
~ David Grayson ~ Beauty of whatever kind, in its supreme
Edgar Allan Poe ~ Sincerity and Truth are the basis
re we have forgotten that we belong to each other. ~ Mother
t and most secure of riches. ~ Cicero ~ Peace and friendship
be permitted to pursue it. ~ Thomas Jefferson ~ The
of moral crisis seek to maintain their neutrality. ~ Dante ~

